

Iverson dealt to Pistons, Billups heading to Denver



HALIFAX • TUESDAY, NOVEMBER 4, 2008

metronews.ca



Reynolds inspired by Fox to run

Anderson gets life sentence for girlfriend's death

MURDER Matthew Craig Anderson, 27, was handed a life sentence yesterday for strangling his ex-girlfriend, Jamie Lynn Walsh, in December, 2006.

James Walsh, the victim's father, said yesterday he wished Canada had the death penalty.

"If you're asking me if I'm satisfied — what can I say, it doesn't change anything," he said.

Anderson will not be eligible for parole until January 2021.

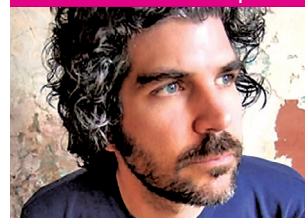
SEAN KELLY/
THE NEW GLASGOW NEWS

Local p2



Drawing a local career

Entertainment p20



Hayden to open for Feist

Canada p6

Ontario now a 'have not' province



A forensic identification officer with the RCMP looks for evidence on the front door of a Whites Lake home yesterday afternoon. A 43-year-old male was shot in the arm late Sunday night after two men tried to break into the house.

Man shot by intruders

JENNIFER TAPLIN
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CRIME Intruders shot a man in the arm on Sunday night.

Two men were trying to get into his house on White's Lake Avenue after 11 p.m.

"When we arrived on scene, a 43-year-old male was shot in the arm," said

Cpl. Joe Taplin with the RCMP.

"Right now it's believed two males were trying to gain entrance into the house and couldn't get in. The door was locked and they shot through a window adjacent to the door."

The victim was taken to the QEII hospital where he spent the night.

Taplin wouldn't say if the victim knew the sus-

pects.

"Right now we're still in the preliminary parts of the investigation."

While investigating the shooting, police found some contraband in the house. Taplin said some illegal cigarettes and possibly some drugs were found in the residence.

He said the victim hasn't been arrested, but he's co-operating with police.

High risk offender released

Shubenacadie, Enfield schools on notice

LINDSAY JONES
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A repeat sex offender convicted of molesting children as young as two is being released from jail today.

Wayne Joseph Croft, 60, has served a 10-year sentence for a dozen sexual offences against children dating back to 1967.

Police sent out a release yesterday to alert the public that Croft, a high-risk offender, is expected to live near Shubenacadie and Enfield. Police said the public disclosure clearly outweighed Croft's right to privacy.

In response, the Education Department put schools in the area on notice to look out for anyone matching Croft's description near school property.

Croft has graying brown hair, moustache, hazel eyes and wears glasses. He's about five-foot-five and weighs about 160 pounds.

Police are asking the court to impose a slew of conditions on Croft for two years. They want to

keep him away from schools, playgrounds, public pools, daycares, anywhere else frequented by children and lands owned by the Indian Brook First Nation. Any changes in his address or employment would have to be reported. He would have to check in with police weekly, keep the peace and not consume any non-prescribed drugs or alcohol.

National Parole Board documents show Croft committed his crimes while in a position of trust. His victims were both boys and girls ranging from age two to 16.

The board said Croft used "excessive force," and the sex aid Viagra. His offences ranged from "fondling to sexual acts that involved a high degree of intrusiveness."

The board said Croft has difficulties controlling his sexual impulses toward children and lacks empathy for his victims and notes, "You contend that these children may have long-lasting psychological impacts, but were 'fine' during the assaults. Furthermore, you consider yourself to be a victim."



Wayne Joseph Croft



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Sobeys

There'll be lights and sirens in the south end this morning, but it's all just for practice. Heritage Gas and HRM will hold an emergency response training exercise this morning, from 9 a.m. until noon, at 1330 Martello St. between University Ave. and College Street. **METRO HALIFAX**

Local



Students unlikely to finish

University students in Nova Scotia, Saskatchewan, Alberta and B.C. were most likely to quit without graduating in 2005, according to Statistics Canada. Nationally, 25 per cent of students in college or CEGEP quit before graduating, while 16 per cent of university students left without a degree. **METRO HALIFAX**

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Shrinking endowment funds not a concern yet

LINDSAY JONES

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Some Halifax universities are taking a hit because of the recent stock market plunge, but they say there's no reason to panic.

Like other schools across the country, Mount Saint Vincent University and Dalhousie University are expecting their endowment funds to lose value.

Endowments are built from donations. The capital is invested and the income is used to fund annual scholarships and research chairs.

Dal's is already down about \$30 million to \$320 million.

Ken Burt, Dalhousie University vice-president of finance and administration, says that could have an impact on spending next year, but he's more worried about 2010-11.

"If the market doesn't recover, remember we add inflation to what our spending is next year, and by 2010 that will put us outside of our spending band and

we'll have to make some further adjustments," he said.

That could mean cuts to some scholarships.

Cushioning the blow, Burt said, is a buffer the university built up while stock markets were strong over the past few years. He also pointed out the school in-

"When you take a longer term view of your endowment fund you ride out the downs and the ups with the goal of maintaining your spending power through time."

Ken Burt,
Dalhousie University

vests for the long term. "When you take a longer term view of your endowment fund you ride out the downs and the ups with the goal of maintaining your spending power through time," Burt said. "I am watching things very closely because there's so much that could happen. I don't know what's going to happen with (today's U.S.) election and that could certainly change the world very dramatically, very quickly."

The Mount says they're not expecting a huge knock either. They say their endowment fund is invested in a lower-risk portfolio. If cuts need to be made, the Mount said they won't impact the student experience.



Dartmouth artist Faith Erin Hicks will have her second graphic novel, called *The War at Ellsmere*, published in December.

Comic careers graphic in Halifax

Artists find location doesn't hinder opportunities

DEVIN STEVENS
for Metro Halifax

It may not be the comic book capital of the world, but artist Faith Erin Hicks says being in Halifax hasn't held back her career at all.

"I don't think it does matter," says Hicks, 30.

"It doesn't matter where you live really. It's a lot cheaper to live here than in Toronto."

Hicks got her start drawing an online comic in university. Then, between jobs, she sent a pitch to a California publisher. Her graphic novel "Zombies Calling" was

"It doesn't matter where you live really. It's a lot cheaper to live here than in Toronto."

Faith Erin Hicks

published last year.

Now Hicks has an agent in Oregon, a second graphic novel coming out in December, and another artwork deal signed. She still works for a Halifax animation company, but she's getting close to making a living from comics.

"Almost," she says. "It's getting there ... A lot of comic book writers have day jobs."

Mark Oakley, 38, came at the business a different

way, self-publishing his *Thieves and Kings* series for more than a decade. He said there was a boom in self-publishing when he started, and he was one of the few who succeeded.

"I was 19. You're fearless when you're that age," Oakley says.

Oakley says he worried about finding his audience in a crowded market, but he would identify problems and work for

months to solve them. For a while he was selling fruit smoothies to make ends meet.

He says the Halifax comic scene is more of a group effort than his native Ontario. For example, he cites free comic day, which usually means a stack of six titles to choose from in Toronto. Last year for the same event, comic book artists came together for a huge convention, giving away 20,000 copies.

"In Nova Scotia readers are more friendly, literate," says Oakley.

"There's something going on here that's very exciting."

Cost of long-term care rising in N.S.

HEALTH About 6,500 Nova Scotians will pay more for long-term care after a price increase announced yesterday.

As of Nov 1, the standard cost for a nursing home jumped from \$79 to \$86.40 per day.

"Seven dollars to the average person might not sound like much," said Susan, a Beaverbank resident whose mother is in a nursing home.

"But she can't afford seven dollars even."

Over the course of a year, the increase equals over \$2,700.

Susan's mother gets \$200 each month for clothing and personal items. But a good chunk of that already goes toward paying for medication. The increase will nearly deplete her funds.

A government statement said cost increases in accommodation rates reflect "annual increases in facility operating costs (and) changes in individual incomes."

PAUL MCLEOD/METRO HALIFAX

Book-sized comics attract female readers

You won't find capes, bulging muscles, or secret identities in any of Faith Erin Hicks' comics — and she wants to keep it that way.

"The superhero comics are very male dominated," says Hicks. "I mean I like a good Batman story. I like a good Superman story, but I don't necessarily want to go work in that industry."

Hicks says is getting ready to publish her second graphic novel — book-sized

comics usually 100 pages or more. In both books, most of the main characters are regular teenage girls who find themselves in situations where they battle zombies and other villains.

Hicks says women comic fans tend to gravitate to graphic novels, where they can find books that suit their taste and characters

they can relate to. The pamphlet size comics, with their spandex-clad superheroes, are often left behind.

She says people of all ages — even the 30-something white guys who usually read superhero stories — have reacted to her work.

"There's just more variety (in graphic novels)," she says.

DEVIN STEVENS/FOR METRO HALIFAX

metronews.ca

What's online today.

Read about Democrats' fears of a 2000 repeat, Republican efforts to keep George W. Bush out of sight and more

U.S. election coverage at metronews.ca/world
Check out Kenya Hunt's new style column at metronews.ca/live



Halifax getting two new Crown attorneys

The Public Prosecution Service has named two new chief Crown attorneys. Denise Smith, a prosecutor since 1991, will be chief of the Halifax region, while Andrew Macdonald, a Crown attorney since 1993, will be chief of special prosecutions.

METRO HALIFAX

A roof over their heads

Poverty activists protest cuts to homeless shelter

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Activists are demanding the province reinstate funding to a Halifax emergency shelter.

About a dozen members of the Halifax Coalition Against Poverty entered the Community Services Department on Gottingen Street yesterday and asked to address the closure of Pendleton Place with staff.

The police eventually told them to leave.

Metro Turning Point became part of The Saint Leonard's Society of Nova Scotia, and is now providing 24-hour shelter for the homeless for the first time.

They opted to close Pendleton, which was operated by Saint Leonard's. Pendleton was only open at night in wintertime.

Community Services Department spokeswoman Kristen Tynes said Saint Leonard's and Metro Turning Point asked that the money be spent on Metro Turning Point, which created 10 more beds for men, and Barry House, which now has six more for women.

She said it provides better, more coordinated and accessible services for the homeless.

HCAP says those who are barred from the two remaining shelters, or have behavioural problems or



Jill Ratcliffe, a member of the Halifax Coalition Against Poverty, speaks out against the closure of the Pendleton Place homeless shelter yesterday.

"The reality is if we don't have an emergency harm reduction shelter in the city, people will likely die."

Kaley Kennedy

addictions, will have nowhere to go.

"The reality is if we don't

have an emergency harm reduction shelter in the city, people will likely die,"

Kaley Kennedy said.

Saint Leonard's executive director Michael Poworoznyk says there are enough beds, and no one will be put on the street. Those who are violent or facing substance abuse will be dealt with by police or hospital.

Poworoznyk said any savings will be turned into programs and services to help get people off the street.

"The people we served in the winter don't want to live in a homeless shelter; they want to live in housing," he said.

Ambassador confident in both U.S. candidates

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POLITICS Whoever wins the U.S. election tonight, Michael Wilson will be on their doorstep tomorrow morning.

Wilson, Canada's ambassador to the U.S., said he's ready with a list of issues to take to the new administration — such as the border, climate change and Afghanistan.

"It's important we get on the right wavelength with the new administration on how we are going to deal with issues on Afghanistan," Wilson told reporters in Halifax yesterday.

He said he doesn't have a preference who wins: John McCain or Barack Obama.

And it's handy that both presidential hopefuls have ties to Canada.

"They both have a good understanding of Canada. Senator McCain has a daughter and Senator Obama has a sister living in Canada, so they hear from them what goes on in this country."

Whatever the outcome tonight, it's no doubt it will be a historic election with either a black president or a female vice-president in the White House. Wilson said it's been an interesting campaign to watch, and it proves how the political environment has opened up in the past couple years.

"To have people with different backgrounds does change the nature of politics in the country whether it's a black president or a woman vice-president," he said. "This is exciting for the country."

For days, polls in the U.S. have given Obama a solid lead in the race, but McCain is still battling for an upset.

Pointing out the differences in the two country's electoral process, Wilson said 30-plus days of campaigning here is more efficient than the years of build-up in the U.S.

"Obama's been at it for nearly two years and that's a long, long time to be running. So, whoever wins will be truly tested," Wilson said.

No need to fear U.S.-style slump: Wilson

JENNIFER TAPLIN
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POLITICS There's definitely a 'hiccup' in America's mojo, says Michael Wilson, Canadian ambassador to the United States.

Has the U.S. lost its mojo? was the theme of yesterday's Atlantic Provinces Economic Council conference in Halifax. But Wilson said any problems aren't long-term.

"One of the most promising things about what has happened over the last few weeks is that the feeling the Americans have faced up to their problems," he said yesterday.

In comparison, when Japan's economy slid in 1989, the Japanese were in denial for years.

Wilson predicted Atlantic Canada will ride out

"You should be very hesitant about assuming the U.S. doom and gloom will also thrive in Atlantic Canada. Yes, this is a time for prudence not panic."

Michael Wilson

the storm, but cautioned we're not immune, since 80 per cent of Atlantic Canadian exports are bound for the States.

"The economy of Atlantic Canada will largely reflect that of Canada as a whole, but without the big swings we see in other parts of the country," he told the crowd at Pier 21 yesterday.

"You should be very hesitant about assuming the U.S. doom and gloom will also thrive in Atlantic Canada. Yes, this is a time for prudence not panic."

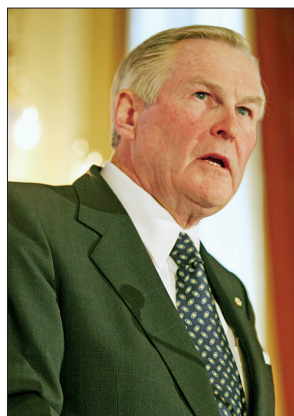
He acknowledged De-

fence and Atlantic Gateway Minister Peter MacKay, and the importance the gateway means for this region.

After the speech, MacKay told reporters an Atlantic Gateway ministry was created because he asked for it.

"And because we have a Pacific Gateway that has outpaced us to some degree," he said.

"Certainly Halifax and Nova Scotia will be the primary beneficiaries of this initiative. But it won't just come our way, we have to go out and sell this to the



Michael Wilson

rest of the world."

In its annual report, APEC said major spending for projects like the Deep Panuke natural gas project will help offset some of the economic impacts to come in Nova Scotia, like slow growth, a tourism downturn, and restrained spending.

Atlantic Provinces

Economic Council forecasts:

- Nova Scotia's economic growth will be one per cent this year.
- Investment in projects like Deep Panuke, wind power, and tar ponds clean up will moderate the slowdown to 0.8 per cent growth in 2009.
- The low growth is due to modest household spending and challenging export markets.
- Retail sales are up 5.6 per cent as of August, and vehicle sales were up 5 per cent in the first half of the year.
- Little employment growth is expected for the province in 2009, but professional services in Halifax may continue to grow.
- Cutbacks at major U.S. corporations pose a big risk factor to employment here.

Poppies labour of love for trio

DEVIN STEVENS
for Metro Halifax

If you buy a poppy in Halifax this November, it came through this cavernous basement.

Three seniors have volunteered their time deep in the Royal Canadian Legion's Fleet Club since Oct. 15. Their mission — get hundreds of memorial wreaths and 80,000 poppies to schools, stores and banks across the city.

"There's just the three of us down here," says Barbara Boutilier, 70. She's in charge of the wreaths, and has been volunteering her time since 1987.

Albert Purchases, 72, keeps track of the donation cans. He says some places will need theirs emptied several times between now and Remembrance Day. Which leads to the best part of his job.

"Counting the money!" he says, laughing.

Purchases says it's hard to tell how much money will be raised for Canada's war vets and their families this year, but it will be thousands of dollars. He



Barbara Boutilier, of the Halifax Central poppy fund, pulls a wreath from a box as she and other volunteers get ready for Remembrance Day at the Fleet Club Monday.

says he's seen more donations since troops went to Afghanistan in 2002.

"When the guys went overseas, that helped pick it up even better," he says.

Marie Rhyno has worked the phones for more than a decade. Beside her is a box filled with oversized recipe

cards. Each one is scrawled with donation information on businesses, churches, and stores.

She says some businesses she calls know her as soon as she says her name.

"I say 'This is Marie,' and they say 'Again,'" Rhyno says with a chuckle. "Every-

one in town knows me."

Like Purchases and Boutilier, she had family in the military. "I had two younger brothers over there, and they came back safe," she says. "I had a husband in the navy, he came back safe. So this is what I do every year."

Wait on cheap drink laws: Province to NDP

PAUL MCLEOD
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The fight over dollar drinks has moved to the legislature. The NDP want to bump minimum prices, but the government says to slow down.

Halifax Citadel MLA Leonard Preyra is proposing legislation to set a province-wide minimum drink price, most likely at \$2.50.

"At the moment there's widespread consensus that cheap drinks is the leading cause for many of our problems downtown," said Preyra. "If we're concerned about violence, if we're concerned about vandalism, if we're concerned about our reputation, then we need to take steps to deal with that."

There is currently a minimum price that states bars can't resell liquor for less than they bought it. Justice Minister Cecil Clarke said the government wasn't opposed to raising the minimum, but they're waiting for a study to be completed in the spring.

"It is not an objection to a minimum price, but getting to a price that has application across the province."

Cecil Clarke

"It is not an objection to a minimum price, but getting to a price that has application across the province that is enforceable, and so we don't create a new problem," said Clarke.

Clarke said government is already addressing security through providing more police. He said a law could hurt community groups that hold events involving the sale of liquor.

Liberal leader Stephen McNeil said the NDP bill would unnecessarily regulate the entire industry based on one problem. McNeil said only one bar he knows of — the Palace in downtown Halifax — sells dollar drinks. He asked why province-wide regulation is needed instead of dealing with the actual problem.

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SHOPPERS
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School to name library after exceptional fundraising parent

Over the last eight years, parent Faye LeBlanc has raised over \$125,000 for Fairview Heights School. Her fundraising has helped stock the school's suffering library and gotten corporate sponsorship for school programs. On Thursday, the school plans to name its library after her. **METRO NEWS SERVICES**

Ontario's have-not status won't hurt N.S.: Baker

PAUL MCLEOD

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The news that Ontario has become a have-not province is bad news for the rest of Canada, but Nova Scotia seems to have an ace in the hole.

In the short term, all

provinces seem to be safe.

Finance Minister Michael Baker said the federal government promised him a "floor" to ensure Nova Scotia's equalization payments won't drop this year. When the dust clears, we could even come out ahead.

"It could well be a much better deal for Nova Scotia,"

said Baker. "Until you run all the numbers you can't know for sure."

In the long term, things seem bleak for most provinces. But Nova Scotia has the ability to opt out of the regular formula into its own, potentially more lucrative, system.

It all started last year

when Ottawa changed the equalization formula. It caused an uproar in Nova Scotia because the province couldn't accept the new system without dropping the Atlantic Accord, which lets it keep more offshore revenue.

A compromise was eventually reached, which gave

Nova Scotia the choice to opt back into the old formula with the original Atlantic Accord. Baker now thinks that may save the province millions of dollars.

"We now have an alternative that no other province in the country has and which very, very likely will

provide us with a level of protection that is unique to Nova Scotia," said Baker.

Baker said he expects the old system to become the better choice by 2010/11.

ShareYourViews

halifaxletters@metronews.ca

News in brief

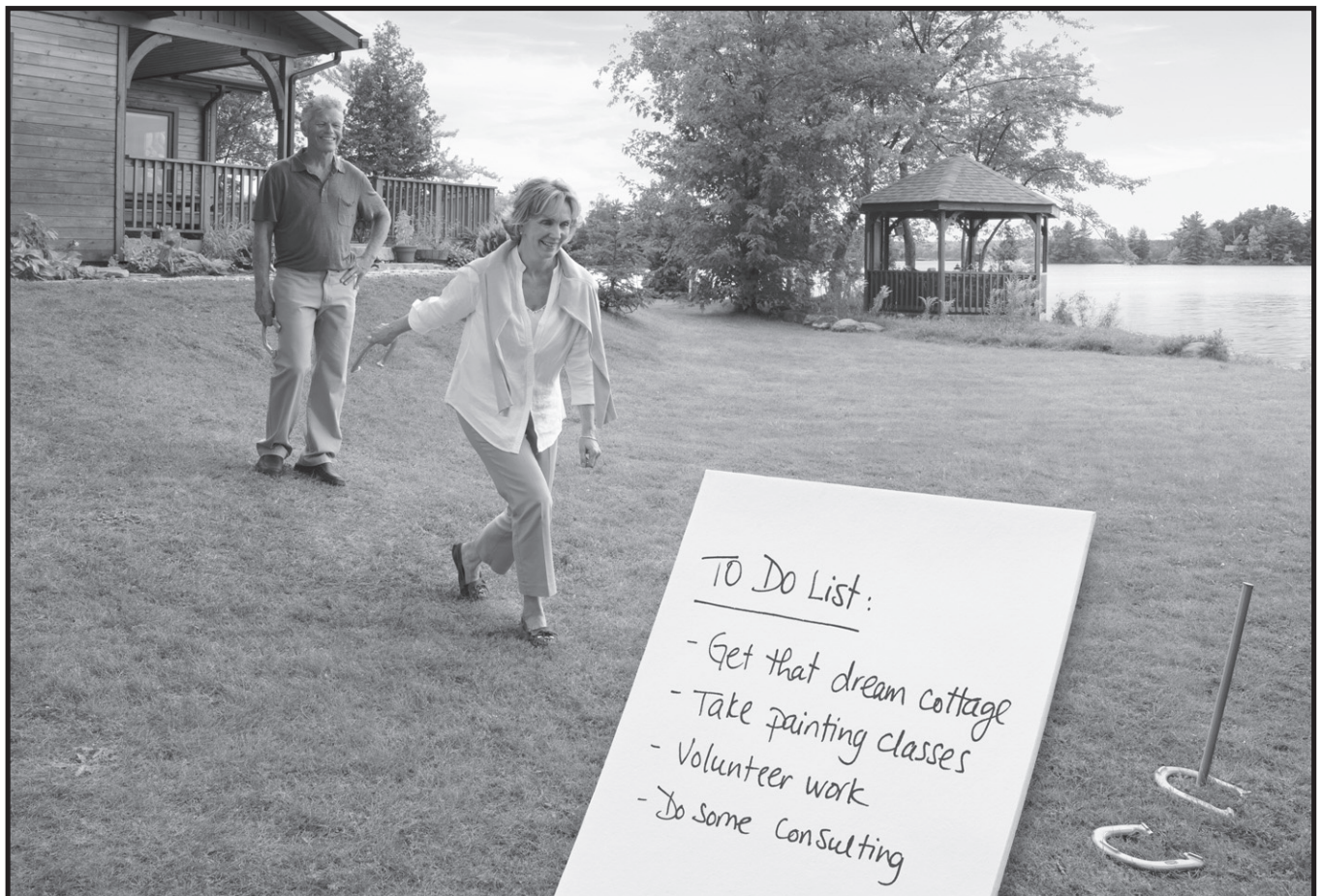
ARREST Now this will wake you up faster than coffee: At 7:40 a.m. yesterday, a Starr Lane homeowner confronted a man who smashed in his patio door with a large rock. Two pedestrians then chased the would-be thief, and police arrested a suspect at a Victoria Road apartment. A 38-year-old man was charged with break and enter with intent and failing to appear in court on an unrelated matter.

ASSAULT Just after 2:15 yesterday afternoon, a Halifax Regional Police officer tried to intervene in a couple's dispute on Almon Street. The man involved then shoved the police officer onto the hood of a nearby car and tried to take his service revolver. Two male pedestrians helped the police officer, and a 35-year-old man has been charged with assaulting and trying to disarm a peace officer.

APPLE DOME The Nova Scotia government is doubling its contribution to Berwick's Apple Dome community arena project. The Berwick & District Community Association and its Kings Mutual Century Centre committee have told WHW Architects to prepare the tender documents for the new, modern, energy-efficient 800-seat arena (complete with a 200-metre walking track); and a 5,000-square foot community room. Construction will begin in the spring. The Department of Health Promotion and Protection added \$2 million more to \$2 million pledged years ago to the Kings Mutual Century Centre. The committee is now pursuing federal funding.

TURBINES In the wake of the province's refusal of the environmental assessment for the Glen Dhu Wind Farm, Shear Wind Inc. — the company that intends to erect 30 turbines — announced Saturday that it was moving the turbines further from houses in Bailey's Brook. Ian Tillard, chief operating officer for Shear Wind, says the company looked over the letters submitted in response to the assessment and is working to address them. "We've taken every single concern to heart," Tillard said. "We've pulled out every concern from those letters and engaged folks to look at the issues."

METRO HALIFAX



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Patrick Murphy, a Canadian who worked for Markham, Ont.-based Terraquest Ltd., a company that specializes in airborne geophysics, was aboard a plane that went missing Saturday in the Amazon jungles of Guyana, officials said yesterday. **CBC NEWS ONLINE**

Canada



Dancer files discrimination charge

Kim Ouwroulis doesn't believe her age should be a barrier in her chosen career: exotic dancing. In an unusual test of age discrimination laws, the 44-year-old Toronto-area woman filed a complaint last month with the Human Rights Tribunal of Ontario, alleging the owner of a strip club fired her because she was too old.

CBC NEWS ONLINE

Ontario to receive equalization payments

ECONOMY Ontario will receive its first-ever handout from a federal program designed to help poorer provinces as the global financial slowdown crimps demand in its key manufacturing industries.

Finance Minister Jim Flaherty said after a meeting with his provincial and territorial counterparts yesterday that Ontario will receive \$347 million next year under the \$14.2 billion national equalization program.

It will mark the first time that Ontario, the most populous and industrialized province in Canada, will receive funds under the program — a sign the province's once booming manufacturing sector is cracking under the weight

of the global financial crisis.

"I don't rejoice at this. The reality is that Ontario is entitled to enter the program and will be receiving substantial funds next year. Regrettably, I

expect that Ontario will be in the equalization program for some time to come," Flaherty told reporters after the meeting.

Ontario's auto industry has been at the centre of the province's manufacturing slowdown, hard hit by weakening U.S. demand, high energy prices and a strong Canadian dollar that have prompted a deterioration in revenues.

Prince Edward Island, Nova Scotia, New Brunswick and Manitoba are also due to receive payments.

REUTERS

A 'have province'

Newfoundland and Labrador

- For the first time in its history, Newfoundland and Labrador will not be receiving equalization payments.

METRO NEWS SERVICES

Quality of life at risk: Report

Canada ranks 15th of 17 industrialized nations environmentally

Canada's environmental record is among the worst in the industrialized world, due in part to its poor performance fighting global warming, according to a report from the Conference Board of Canada yesterday.

Canada placed 15th among 17 peers, beating only Australia and the United States. Greenhouse gas emissions, high garbage production, and rampant overuse of fresh water were its biggest environmental problems.

"Without serious attention to environmental

"We generate far too much waste, we still use water as though we have an unlimited supply, and our past record on greenhouse gas emissions is terrible."

Len Coad, Conference Board director

sustainability, Canada puts its society and its quality of life at risk," the independent research organization said in the report.

The federal government has been widely criticized for being soft on greenhouse gas emissions, which have been on the

rise, partly due to booming development of the Alberta oil sands.

Canada's per capita garbage production, meanwhile, is significantly higher than of any other OECD nation and its per capita water usage is second only to the United States, according to the

report.

"We are among the world leaders in managing our forests, our air quality is good overall, and we have made progress using energy efficiently," said Len Coad, a director at the Conference Board. "But we generate far too much waste, we still use water as though we have an unlimited supply, and our past record on greenhouse gas emissions is terrible."

Sweden, Finland and Norway took the top three slots on the list.

REUTERS

Vancouver Round-the-clock protest



A Falun Gong member rakes leaves in front of their protest structure outside Vancouver's Chinese Consulate yesterday. A hearing to decide the fate of the round-the-clock protest site is underway. The protest began in 2003 and has continued uninterrupted.

Man pleads guilty to negligence in death of two girls

SASKATCHEWAN The father of two small girls who froze to death in January wearing only diapers and light shirts pleaded guilty to criminal negligence in a Rose Valley, Sask., court yesterday, the CBC said.

Christopher Pauchay — who family members say was drunk at the time — had been trying to walk to a neighbor's home with his daughters Santana and Kaydence, aged 1 and 3, on a night when temperatures dipped below -35 C.

Pauchay, 24, was found hours later with severe frostbite and hypothermia.

The family lived on the Yellow Quill First Nation Indian reserve, about 200 kilometres east of Saskatoon.

The CBC said Pauchay was likely to be sentenced in late December.

Negligence causing death carries a maximum of life imprisonment.

Alcohol abuse is a problem in many aboriginal communities, which suffer from poverty, high unemployment and numerous health and social problems.

REUTERS

U.S. housing slump hits Canadian loggers

LUMBER Canfor Corp will use the Christmas season to lower lumber production amid weak markets, but it was unclear how many other major Canadian producers would follow suit.

The company is produc-

ing at about 65 per cent of capacity because of weak demand caused by the collapse of the U.S. housing construction market, which has seen nearly everyone in the industry idle sawmills over the past year.

REUTERS

Halifax Chapter Fundraiser.
Proceeds support:

CANADIAN
LIVER
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FONDATION
CANADIENNE
DU FOIE

Fantasy Masquerade Ball

Canadian Liver Foundation

Friday, November 21st, 2008
9pm – midnight at **The Lord Nelson Hotel & Suites**
\$50/per person (Table of 10 - \$450)

Dessert & dancing with host Olga Milosevich and the John Chiasson Sextet featuring Scott Macmillan and Daniel Matto.

Tickets available at Mills on Spring Garden Rd.

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Crews seal leak following latest pipeline blast

B.C. Repair crews have sealed the leak at a well-head in northeast British Columbia that was sabotaged in the third bombing of a natural gas facility in the region in less than a month, EnCana Corp said yesterday.

Police are still investigat-

ing the explosions near the communities of Dawson Creek and Tomslake, which may be linked to a letter sent to the area's news media last month calling on the energy industry to leave the region.

No one has yet been charged.

EnCana said its crews were able to stop the small leak on Sunday evening by injecting cement into the well. The amount of toxic sour gas that had escaped was small and did not pose a threat the public, the company said.

REUTERS

News in brief

GAY MARRIAGE Following the wishes of his Montreal diocese, Anglican Bishop Barry Clarke signaled yesterday he would defy the wishes of the global

church and start drafting a ceremony for blessing same-sex marriages. While gay marriages are legal, churches are not compelled to perform weddings.

CALGARY A man who may have been hit with a Taser during a break and enter in Calgary Saturday died in hospital yesterday. It's not clear

whether the man, identified by as George Walker Bowe, 30, of Castlegar, B.C., was hit by a Taser or had a pre-existing condition. **METRO NEWS SERVICES**

Mushrooms could slow climate change

Mushrooms and other fungi that feast on dead vegetation in the soil in dry northern areas eat less and produce less climate-warming carbon dioxide when the temperature climbs, and might partly offset carbon dioxide released by human activities, researchers reported yesterday. **REUTERS**

7

World/Business

Media turn to Internet for election night coverage

Comedy spoofs by Tina Fey and Stephen Colbert have made the U.S. presidential race a made-for-television event, but today many voters will turn to the Internet to watch election night coverage.

Major media organizations expect record-breaking traffic on their websites as they follow results in the race between Republican John McCain and his Democratic opponent Barack Obama.

Cable network Current TV is taking its coverage a

"When you watch CNN, the commentators have laptops in front of them. That tells you all you need to know."

Frank Gilliam

step further, relying entirely on web users to provide its news content.

TV networks' plans for heightened web coverage would seem to serve their audiences well. This past Friday, TV trackers at Nielsen Media released a study suggesting web surfing and watching TV go to-

gether. Thirty per cent of online activity at home happens while users are watching TV, the study found.

"Television will follow the Internet as much as the Internet will follow television, which I think is a relatively new phenomenon," said Frank Gilliam,

dean of the school of public affairs at the University of California.

"When you watch CNN, the commentators have laptops in front of them. That tells you all you need to know," he said.

Among major news services, CNN predicts more than one billion page views on its website, and has planned a "Your Races" feature where users can get updates on even the most remote races, from Congressional contests to state ballot measures. **REUTERS**

Business

Recession just barely avoided: Think-tank

Canada is expected to barely skirt a recession as slumping trade with the United States, softer commodity prices, and tighter credit markets dim its growth outlook into 2009, the Conference Board of Canada said yesterday.

The independent research group now expects gross domestic product to come in at 0.7 per cent this year, and at 1.5 per cent in 2009. That compares to an earlier forecast, released Oct. 15, of 0.8 per cent growth in 2008, followed by 2.2 per cent next year.

The Conference Board expects U.S. GDP to squeak out just 0.5 per cent growth in 2009, before rebounding in 2010.

Canada will "inevitably suffer in 2009" when demand for products from

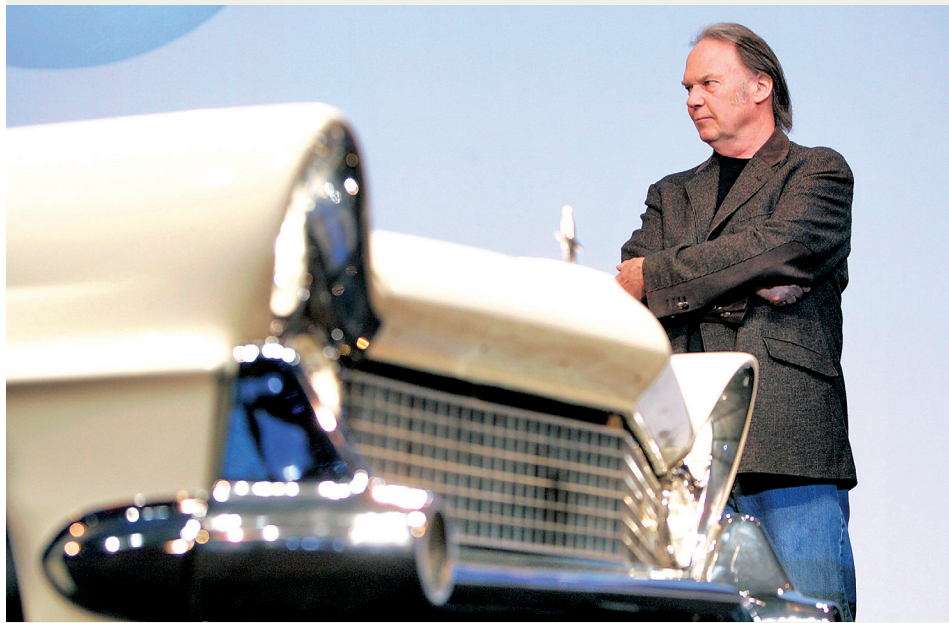
the U.S. slows, the group said. Canada sends over three quarters of its exports to the United States.

Auto production, which makes up the biggest portion of the manufacturing sector, has dropped off. Auto exports are down 19 per cent this year due to weaker U.S. demand and volatile energy prices.

Government coffers benefited when oil prices spiked to above \$147 US a barrel in July, but the recession took the steam out of oil and other commodity prices — cutting into a significant source of government tax revenue.

But the report said that as markets stabilize, fundamental factors will regain traction and help most raw material prices recover lost ground. **REUTERS**

California Young turning cars into green machines



Musician Neil Young looks over his 1959 Lincoln Continental Mark IV that runs on electricity and natural gas during Salesforce.com's Dreamforce conference in California yesterday. Young transformed the car through his newly created company, Linc Volt Technology, which promotes the conversion of existing gas-guzzling cars into vehicles that run on alternative energy.

Life in prison for bin Laden publicist

JUSTICE A U.S. military tribunal at Guantanamo sentenced Osama bin Laden's media secretary to life in prison yesterday after convicting him of conspiring with al-Qaida, soliciting murder and providing material support for terrorism.

Yemeni prisoner Ali Hamza al Bahlul was the second man to be convicted by a jury in the war crimes court at the U.S. naval base in Guantanamo Bay, Cuba.

FBI interrogators testified that Bahlul scripted the videotaped wills of two Sept. 11 hijackers and boasted of making a two-hour al-Qaida commercial designed to recruit suicide bombers.

Bahlul and his lawyer refused to participate in the weeklong trial. **REUTERS**

Obama leads in six key states

ELECTION Democrat Barack Obama is leading Republican John McCain in six of eight key battleground states, including the big prizes of Florida and Ohio, according to a series of Reuters/Zogby polls released yesterday.

Obama holds a seven-point edge over McCain among likely U.S. voters in a separate Reuters/CSPAN/Zogby national tracking poll, up one percentage point from Sunday.

The new state polls showed Obama with a lead in Missouri, Florida, Ohio,

"Obama's lead is very steady. He could be looking at a big day."

John Zogby

Virginia, Nevada and Pennsylvania.

"Obama's lead is very steady. He could be looking at a big day (today)," said pollster John Zogby. "These are all Republican states except Pennsylvania, and that does not look like it's going to turn for him."

REUTERS

Tests confirm Fossett's death

INVESTIGATION Genetic tests on two bones found near the wreckage of Steve Fossett's airplane in the California mountains confirm the missing multimillionaire adventurer is dead, local authorities said yesterday.

Fossett's widow Peggy Fossett said in a statement she welcomed the news of the DNA match and awaits the conclusion of the National Transportation Safety Board's probe into her husband's crash.

Early last month, local authorities discovered the

Background

• Fossett, 63, vanished after he took off in a single-engine Bellanca Citabria Super Decathlon on Sept. 3, 2007, from the airstrip of hotel magnate Barron Hilton's ranch in Nevada, sparking a long and massive search by authorities.

wreckage of the aircraft after a hiker found identification cards belonging to Fossett not far from Yosemite National Park.

REUTERS

Overseas automakers' sales rise

AUTOS Lower prices led Canadians to buy more vehicles in October, industry figures showed yesterday, with overseas-based manufacturers adding to their market share while Detroit's Big Three were mostly in retreat.

The results, which showed a 1.5 per cent gain in overall sales from the year before, contrasted sharply with U.S. sales, which plunged about 35 per cent in October to near 25-year lows.

Automakers sold a total of 122,711 vehicles in Canada in the month, as sales of import brands such as Toyota and Honda rose 8.8 per cent, while sales for U.S. automakers fell 5.4 per cent. **REUTERS**

In brief

MEDIA Rogers Communications may look beyond hospitalized founder Ted Rogers' children for its next chief executive, analysts said yesterday. The front-runners are children Edward and Melinda, and Nadir Mohamed. **REUTERS**

THE DAILY BUSINESS BUZZ

New InNOVA board members: Susan McIsaac, a partner at McIsaac Darragh Chartered Accountants and Jim White, vice-president of RBC's commercial financial services division are the two newest members of InNOVAcorp's board, while Jacquelyn Thayer Scott has been re-appointed and is the new board chair.

Credit collapse hurts Homburg: Homburg Invest Inc. announced today that the proposed joint venture with Cedar Shopping Centres Inc. to purchase 32 properties in Ohio, Pennsylvania and New York has been cancelled. Homburg's chairman and CEO Richard Homburg said it was because of poor world capital markets, which directly caused the cancellation of the venture. He urged government to help banks get back on their feet and resuscitate lending.

Windsor Home Hardware wins: Hardware Merchandising Magazine presented Windsor Home Hardware with the Hardware Store of the Year Award at the 2008 Outstanding Retailer Awards ceremony in Toronto Oct. 23.

Get the full stories delivered to your inbox every morning by signing up for the **Daily Business Buzz** www.nsbj.ca

Comment & Views

Comment

Hero in darkest hour

Obama poised to be the president U.S. desperately needs

National Report

Lawrence Martin



Crack open the champagne! The world — or so the script has it changes tonight.

Rarely, if ever, has there been so much fascination in an American election. The anticipated triumph of Barack Obama is being built up as an epochal moment in time. Like John Kennedy in 1960, like Franklin Roosevelt in 1932.

The expectations being thrust upon the 47-year-old senator from Illinois are dizzying. Given the series of obstacles he faces — the

“One of Mr. Obama’s singular character traits is his independent mind — his capacity to step outside his own prejudices and those of his country.”

wars, the debt, the deficit, the Wall Street crisis, the recession — there is a good chance he will be pulled down quickly from the mountaintop. Hopes that he will be a transformative president could begin to fade quickly.

One of Mr. Obama’s singular character traits is his independent mind — his capacity to step outside his own prejudices and those of his country. The problem with politicians, he has said, is that they get to Washington and they get “sucked into the conventional wisdom.” They haven’t got the strength to withstand the pressures to

conform. They haven’t conquered their inner territory.

One of the foremost challenges for Mr. Obama, who has an almost mystical quality about him, will be to avoid that trap, to avoid succumbing to the pressures from the political hacks.

On the campaign trail he has been sounding disappointingly conventional of late. He talks, like most every American politician, of the need for big tax cuts — this when the country has a staggering debt and deficit load which make such tax cuts incomprehensible.

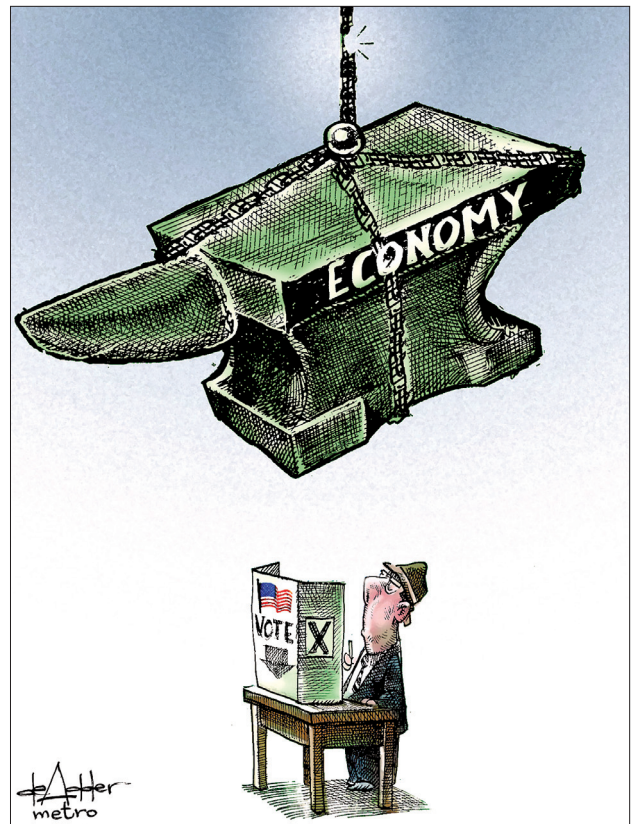
He had a refreshingly in-

clusive foreign policy but under pressure from lobbies it has become less distinguishable from the old-line stuff of John McCain as the campaign has progressed.

Supporters suggest — and we hope they are right — that Mr. Obama is only playing the games that are required to be elected. To read his book *Dreams for My Father* is to get a sense how different Mr. Obama is, how universal he is. It is what his country needs after the Bush years — a leader with a global mindset as opposed to a narrow American one.

When the hour is darkest, someone said, the hero will appear. In the story of the United States, it may be that time.

Lawrence Martin is a Globe and Mail correspondent and author who writes about national affairs from Ottawa.



Letters

Josie Larsen, HALIFAX

I am writing in response to an article (Assumptions put to test, Oct. 30) by Andrew Cohen.

I found the article offensive and ridiculous. I was born in Canada, and feel proud to be a Canadian, and have, at times, mocked the United States. The times I have done this most often has been in the last eight years — the Bush years.

And who wouldn’t? We are talking about a man who started a major war over nothing but greed, by sowing the seeds of fear in his population. In doing so, he caused the greatest deficit the U.S. has ever encountered (which I am sure has much to do with the current financial crisis), not

to mention the lives lost on both sides.

And then, a gracious, intelligent man like Barack Obama has the gumption to run for the presidency to try to take on the huge challenge of cleaning up the filthy mess left behind. And Mr. Cohen suggests we might whine about how it will affect our ability as Canadians to brag about how we are “more tolerant, more progressive, more civic-minded.” Who cares?

We are talking about the next leader of the free world here, and I have personally never been so engaged about politics in my life. Obama has the real chance to make a difference in our collective world, and that is what matters most.

Views

Abuse that breaks a child’s trust

By Dr. Catherine C. Classen

The sexual abuse of children is wrong and damaging no matter how you look at it. To suggest otherwise (and believe me, some will) is to be naive, deluded or complicit.

Whenever the perpetrator is a trusted family member or some other trusted caregiver, the effects are particularly devastating.

Research has shown that the effects of being sexually abused by a caregiver are far worse than if the perpetrator is a stranger or someone they know but don’t depend on, such as a neighbour.

Knowing this, you may be surprised to learn that the courts in Canada appear to think otherwise.

A study by the Cornwall pedophile inquiry has found that in the sentencing of pedophiles in Canada, those who held a position of trust with their victim received significantly shorter sentences. That’s right, shorter sentences.



Dr. Catherine C. Classen

How can this be? One has to wonder whether we, as a society, cannot face the reality of abuse and its consequent damages.

Why is being abused by a caregiver so much more damaging to the victim? Psychologist Jennifer Freyd coined the term “betrayal trauma” to capture the particularly damaging effects of abuse by a caregiver.

A caregiver, such as a parent, is someone the child depends on to meet their basic survival needs, both physical and emotional.

The child abused by a caretaker is in the unten-

able position of needing to retain a relationship of dependency with the very person who is causing them great physical, emotional, and psychological harm.

The child may use a variety of strategies in order to resolve this impossible and devastating dilemma, including blaming his or herself (rather than the perpetrator), repressing the memories (which, unfortunately, does not protect the victim from its effects), or creating alternate personalities to experience the abuse so that other parts of the child can retain a relationship with the caregiver.

None of these alternatives protect the child from the devastating consequences of sexual abuse by a caregiver; consequences which include a sense of being worthless and fundamentally bad and an inability to trust or to form healthy intimate relationships.

Sexual abuse by a caregiver can require years of

“The child abused by a caretaker is in the untenable position of needing to retain a relationship of dependency with the very person who is causing them great physical, emotional, and psychological harm.”

psychotherapy and a lifetime to overcome.

We, as a society, need to face the disturbing reality of what it means when a child is sexually abused by someone upon whom they must depend. The courts need to send a clear message that such a betrayal of a child’s trust deserves the full weight of the law.

Catherine C. Classen is associate professor in the Department of Psychiatry at the University of Toronto and academic leader of the Trauma Therapy Program at Women’s College Hospital.

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business 9

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Ready, set, tax-free savings

Q Like many Canadians, I have lost tremendous value in my investments both inside and outside my RRSPs. I plan to strategically sell some of them to minimize my tax burden, including a transfer to the new Tax-Free Savings Account.

Liam

A The past several weeks have been very stressful for many Canadians — particularly upon the receipt of their monthly investment statements. Most financial advisors would not recommend selling after portfolios have taken such a huge hit. However, individuals that have made their decision to sell some stocks should do so with Prime Minister Stephen Harper and his merry band in waiting.

Investments sold inside RRSPs will not have tax consequences. RRSP losses cannot be used against in-

MoneyMatters

Henry Choo Chong

choochonghcg@yahoo.ca

come in their tax filing. Should an individual choose to withdraw any of these funds from their RRSPs, Mr. Harper will be more than happy to accept contributions.

Proposed in the 2008 budget, the new Tax-Free Savings Account (TFSA) becomes available in the new year, 2009. Individuals with any spare cash but with no desire to share with Mr. Harper should consider opening a TFSA.



For details about the TFSA, read the full column at metronews.ca

Henry Choo Chong, CGA, provides professional accounting and taxation solutions: choochonghcg@yahoo.ca.

Are we Generation Bling?

SmartCookies



smartcookies.com

This past week, the Smart Cookies spoke to 600 bright-eyed high school students about money. We took our message to this next generation with the goal of instilling some financial wisdom that we certainly didn't get (or listen to) at their age.

And a recent study indicates that we are not alone in our financial ignorance. Charles Schwab reports that most "Generation Xers" — aged 27 to 40 — are way behind when it comes to retirement savings. Almost half of the 5,000 people surveyed reported being so overwhelmed by debt and living paycheck to paycheck, that they could not even begin to think about savings and retirement

planning.

As we began to think about what advice we could offer, we also thought about how generations before ours dealt with their money and what advice we could take from them now. One of our own Smart Cookies recalls chatting with her grandfather about how individuals of his age group spent and saved, and his answer was simple; "We had no credit, if we wanted to buy something, we had to have the cash to do so." Sound simple? It is! Here are more lessons from previous generations:

Cash, cash and more cash.

It may sound old school, but Smart Cookies live by the cash system. We allow ourselves an allotted amount of "fun money" each week, and when the money disappears, we are not allowed to resort to credit. It's helped us get out of debt, start saving and also has kept our priorities in check.

If the shoe fits, you don't have to buy it.

"In recent years, our generation has felt even more pressure to pretend as if we have it all. But really, who are you fooling?"

For whatever reason, our generation never learned this lesson. Instead we feel that we are entitled to everything our parents worked their whole lives for — the beautiful home, the luxury car, the fabulous wardrobe — by the time we are 30. You will have all these things, just not right now. If you wait until you can truly afford them, these possessions will mean much more.

Whose life are you living anyway?

It's easy to fall into the trap of trying to keep up with your friends when it comes to portraying an image, but if it means using your credit, it's time to reconsider your priorities.

In recent years, our generation has felt even more pressure to pretend as if we have it all. But really, who are you fooling? Not your friends or your family, who know that you are living way beyond your means. And we are willing to bet that your boyfriend doesn't care whether you have the latest Prada bag!

Visit smartcookies.com for more money saving tips and email questions or comments to smartcookies@metronews.ca.

And pick up our book Smart Cookies Guide to Making More Dough on sale in bookstores.

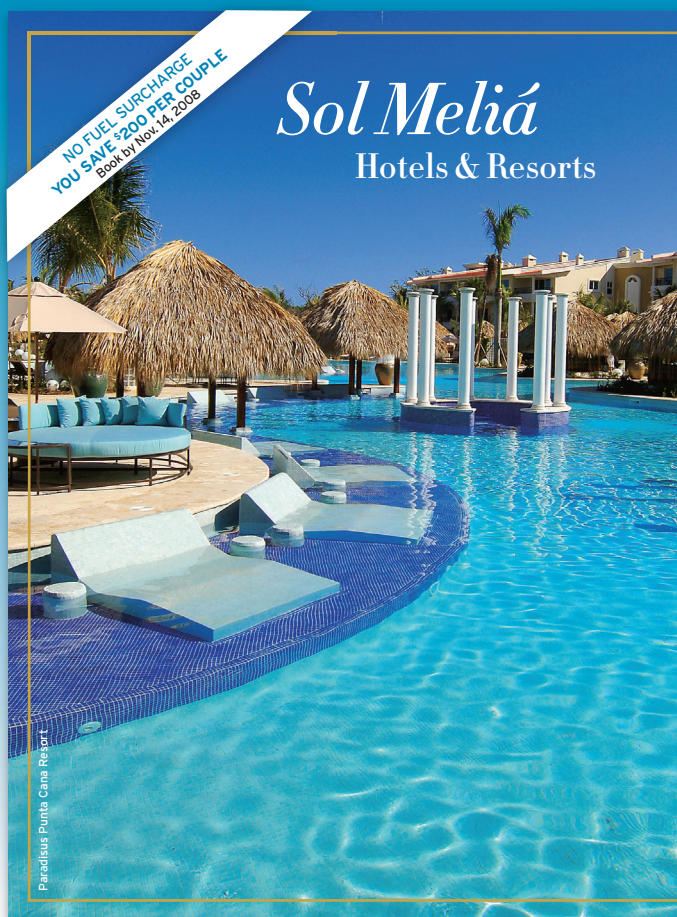
Tune in Wednesday night at 9 p.m. EST/PST on the W Network and be sure to visit smartcookies.com for more tips.

Investing

Allan Small

The online column will return next week.

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MBA Guide

Women execs supported: Study

Female executives are backed by emotionally-supportive husbands more often than previous research would suggest, a study co-authored by a York University professor has found. According to the research, women rank this emotional support as the biggest enabler of their success in work and family life.

METRO NEWS SERVICES

A degree that works for you

MBA can get you closer to lucrative employment opportunities



MBAs can get you the six-figure jobs but it's useful to consider time and money factors before enrolling into a program.

BRIAN TOWIE
brian.towie@metronews.ca



MBAs can advance a career, but it takes time and money, and your circumstances may dictate whether or not it's worth your while to pursue one.

A Master's Degree in Business Administration helps to break barriers and get you closer to the job you want at lucrative pay, and it's not just for the Bay Street boardroom types who pour over charts and demographics as one might think.

Many MBA programs offer hands-on opportunities to learn outside of the

"What an MBA does for people is exponentially broadens their view of what business is all about. It's an economic study of the way the world works. If you've hit a ceiling, it's also an excellent way to start a new career."

Barbara Jaworski, founder of The Workplace Institute and author of Kaa-Boom! How to Beat The Workforce Crisis

classroom — studying abroad, setting up entrepreneurial initiatives in your school's surrounding community, networking with senior executives — a student can pick up valuable business acumen and experience in a number of ways.

"What an MBA does for people is exponentially broadens their view of what business is all about. It's an economic study of the way the world works," says Barbara Jaworski, founder of The Workplace Institute and author of Kaa-Boom! How To Engage The 50Plus Worker And Beat The Workforce Crisis.

"If you've hit a ceiling, it's also an excellent way to start a new career."

It's the degree that cross-

pollinates, adds Tricia Ryan, author of marketing resource book Hungry To Succeed.

Even coupled with a degree that may be unrelated to business, economics and finance, an MBA shows trainability in more than one discipline and can lead to advancement in various fields.

"There's a realization that you've got a range of skills, and that can put you in senior positions in the long term," she said.

Some MBA schools have figured this out. York University's Schulich School of Business blends its MBA program with elective subjects such as arts and media, property development and health industry management.

Of course, it takes a serious investment of cash and time to yield that wealth of experience.

Students can expect to pay through the nose for an MBA (one of the most expensive ones being the University of Toronto's Rotman School of Business' full-time MBA program, which runs more than \$67,000), and curriculums can keep you out of the job market for more than a year.

You must therefore ask yourself if an MBA merits that kind of commitment, says Ryan, noting part-time and 12-month intensive programs are growing in popularity among graduates and professionals.

"That is a challenge. Though it is a fabulous work experience, it's harder to go back and do an MBA if you're already making six figures," she said.

"You have to think about how far you are in your career. Let's say you went somewhere where it would cost \$100,000 per year. How many years you would need to work to pay that back? If you've been working for some time, consider how many years you have left. Do you have the time?"

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MBA programs across Canada

If you want to get that degree that will give you an advantage in the boardroom, but aren't sure where to take it, here are some of your cross-country options. Tuition fees don't include cost of books, living expenses, etc.

• **Saint Mary's University, Sobey School of Business**
Where: Halifax
How Much: \$14,137
Length of Program: 16 to 20 months

Sobey often plays number two to rival Dalhousie, but students are often drawn by its growing reputation thanks to its smaller class sizes and collegial atmosphere. The school has strong Maritime roots and places high value on giving back to the community around it, often pairing students with local businesses to work on projects.

• **Dalhousie University, School of Business Administration**
Where: Halifax
How Much: \$2,550 per course
Length of Program: 20 months
Nestled in the heart of Halifax's trendy downtown, Dalhousie offers a well-rounded program where student can take advantage of opportunities abroad with international exchange programs. Regional pubs, golf courses and beaches help learners relax after a day of heavy learning.

• **University of Ottawa, School of Management**
Where: Ottawa
How Much: \$11,485
Program Length: 12 months
Perfect for bilinguals, Ottawa's MBA students take their classes in both English and French, with the competency to write exams and complete assignments in

both. Graduates commonly look for jobs in government departments and Ottawa's tech sector. The school also offers a shortened program for those who don't want to be off work for more than a year.

• **Concordia University, John Molson School of Business**
Where: Montreal
How Much: \$10,000 (varies depending on frequency of payment)
Length of Program: 16 months
Unlike the McGill program, Concordia's curriculum focuses on innovation instead of tradition. The program puts high value into hands-on learning and offers students more flexibility with its options to mix electives and begin at three different times during the year.

BRIAN TOWIE/METRO CANADA

Themed design

Integration is the theme for the design of the University of Toronto's new \$92-million Rotman School of Management building. **FINANCIALPOST.COM**

Downturn jolts business classes

The night before teaching an MBA class this past Tuesday on exchange rates, University of Toronto professor Donald Breaun went to update the graph he uses to show the changing value of the loonie.

Last time he taught this lesson, a year ago, the loonie was strutting at \$1.10 over the U.S. dollar. This time it was sulking at 77 cents — a drop of 33 points — so Breaun added a plunging line to the chart he would show students next morning.

Had he been teaching the class a day later, he would have had to change it yet again. Even as Breaun was teaching the ins and outs of the dollar's ups and downs, the loonie climbed back to 80 cents by lunchtime, the biggest one-day jump in a generation. Friday night, the loonie rested at 83.02 cents.

"Exchange rates ordinarily would be a big yawn," Breaun admitted to his 20 students at the Rotman School of Management, "but this volatility is unprecedented in modern times. What's causing the

Canadian dollar to drop like a stone? Anyone?"

At Rotman and in business schools around the world, real life is reshaping courses by the hour. Those teaching subjects from business history to corporate finance are having to update the content to tackle daily headlines.

But while the collapse of credit and stock markets is serving up juicy case histories of failure, most business professors insist current events have not shaken the curriculum of capitalism.

"What has happened is explainable — capitalism is working, it's just that the system punishes those who don't get it right," says Ashwin Joshi, director of the MBA program at the Schulich School of Business at York University.

One day this month, he suddenly decided to scrap an entire lesson on "Managing Shareholder Relations," ditching journal readings from 2006 and 1997 in favour of stories from that day's financial pages, and had students brainstorm which players



Jonathan Naymark, taking MBA studies at the Rotman business school at U of T, wrote the dean asking for extra guidance on the unfolding global financial crisis, and a forum resulted.

were to blame for how much of the mess.

"I don't know of any school that trains in the 'Greed is Good' philosophy; it went out of business schools a long time ago," said Joshi.

"We teach students there's a triple bottom line: profits, people and the planet. And when one of these things gets out of whack — like profits at the expense of people, which

is what happened with subprime mortgages — 'economic nature' has a way of correcting itself."

At Ryerson's Ted Rogers School of Business, students are spending a portion of finance classes tracking the latest moves of the market; ethics courses are using the credit crunch as a living lesson; and strategy courses are attempting to assess how ready large companies are

to weather the storm.

At Rotman, MBA student Jonathan Naymark e-mailed dean Roger Martin to say students needed extra guidance to get a grasp of the crash. When the school later staged a forum on the topic — called The Financial Crisis: What Went Wrong? And What Can We Learn? — more than 500 people showed up.

"The professors are

great, but they have so much to teach us already — I needed people to walk me through this whole thing from the start," said Naymark.

Another MBA student at Rotman, Marie Desmarteau, said most of her professors are discussing the crisis "and the take-home message is very much one of caution and the need for due diligence."

"A lot of them are saying maybe this crash was somewhat inevitable because of the whole lack of (regulatory) oversight."

Rotman professor Heather-Anne Irwin's popular Corporate Financing course speaks to the heart of the credit crunch.

"I feel required to talk about it for about half an hour at the start of each class — this is the first monstrous financial event we have seen since the Great Depression," she said. "But I also still teach the same fundamentals of debt and credit because, when the market returns to normal, students need to understand those basics." **TORSTAR NEWS SERVICE**

Students test their mettle

Entrepreneur Michele Romanow is turning her caviar dreams into reality.

Romanow, an MBA graduate from Queen's University, along with undergrads Anatoliy Melnichuk and Ryan Marien, groomed their idea for a caviar-producing fish farm into the winning entry at a prestigious business plan competition at the University of Western Ontario.

Now they're harvesting caviar roe from wild Atlantic sturgeon and selling it to restaurants across Canada for \$80 to \$100 an ounce, while seeking \$6 million in venture capital to develop their own fish farm.

MBA students and undergraduates at business schools across Canada participate in case competitions to hone their problem solving, entrepreneurial and presentation skills. Competitions may be in-house or corporate-sponsored and open to national or international entries.

Winners earn everything from trophies to big cash prizes, and sometimes receive plum job offers from top companies or attract the attention of venture capitalists.

Romanow's group won the \$25,000 first prize at Western's IBK Capital-Ivey Business Plan Competition

in March and, with four other victories and two second-place finishes in other competitions, the group earned a total of \$100,000 in prizes that they used to start Evandale Caviar.

Evandale has sold 75 per cent of the product to date to about 50 high-end establishments across Canada.

"There's no question the case competitions were a critical factor in our success," Romanow says. "We got incredible feedback from the judges, who are some of the top venture capitalists."

York University MBA grad Hazhir Ghayouri parlayed his success in case competitions into a top job with consulting firm Capgemini Canada.

Ghayouri, now 28, emigrated with his family from Iran at age 16 and worked as an engineering consultant after graduating from the University of Waterloo. Eventually he entered York's Schulich School of Business and was on a four-member team representing the school in local, national and international case competitions.

It was during one in-house event sponsored by Capgemini that he attracted the attention of company principal Brian Smith, and was hired as a senior

management consultant.

His team finished second in that competition by proposing solutions to a drop in revenues at a major international chain of coffee shops.

Ghayouri's team impressed the judges by presenting a case for refocusing on the core products that made the chain successful and for closing unprofitable stores.

At most business schools, case competitions are voluntary and elimination rounds are held in-house before a final group of teams is selected to compete for the top spots. Teams get anywhere from a few hours to a few days to study a case drawn from the real business world, devise a strategy and present it to the judges.

Schulich played host to two company-sponsored case competitions three years ago, but corporate interest has grown.

Ryerson University's MBA program is just entering its third year but the school has already shown well in case competitions.

A Ryerson team finished second in the TATA Cup at Schulich, the school's first case competition, and won the marketing and strategy case competitions at the national MBA games at McMaster. **TORSTAR NEWS SERVICE**

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Scotiabank recently partnered with Guanghai School of Management, at Peking University, and the Schulich School of Business, at York University. The initiative established a \$1 million endowed scholarship program to support Chinese students wishing to complete their MBA studies in Canada. **METRO NEWS SERVICES**

Being realistic key in tough market

Jobs may have fewer perks but MBA grads in demand



While experts admit the job market next year might be challenging, Joseph Palumbo of the Schulich School of Business at York University says that companies are still coming to hire students.

ERIC EMIN WOOD
for Metro Canada

Despite the recent downturn in the stock market, you wouldn't think it's time to write off the value of an MBA – and you'd be right.

"It" still moving along from our perspective," says Shahauna Siddiqui of BluEra, an executive search company in Calgary. "We're finding that companies who have been well managed are taking

advantage of the downturn to build their companies, so when things start picking up they'll be ready to attack the market."

A graduate of the University of Calgary's Haskayne School of Business, Siddiqui remained at the school as an MBA career coach and later as associate dean before transferring to the executive search industry.

Siddiqui admits the job market in the next year might be challenging. "But MBA students are unique,"

"Instead of making \$90,000 as a base salary, you might be making \$60,000 as a base salary. Still pays the bills, still very good, just not as high-flying."

Joseph Palumbo

she says, "because they already have a career history. I don't think companies will be recruiting as much directly on campus, but I think for MBA students there's still a great market."

Student expectations need to be realistic, says Joseph Palumbo, executive director of the career centre at the Schulich School of Business at York University. "If your goal is to work at one of the five big Canadian banks you'll work there," he says, "it just may not be in the area that you want."

Students may have to settle for lower-paying jobs within banks, Palumbo says. "Instead of making \$90,000 as a base salary, you might be making \$60,000 as a base salary. Still pays the bills, still very good, just not as high-

flying," he says.

MBA students will also have to expect a drop in signing bonuses, Palumbo says. "In top banking jobs, you're going to get \$20-\$25,000 in signing bonuses," he says. "I am very convinced that those will be gone this year."

Both Siddiqui and Palumbo predict a spike in enrollment. "It's fairly logical that if you lose your job, this is a great opportunity to go back and re-invest in yourself," Palumbo says. "Then when you come back out A) the market will be better, and B) you're going to be more marketable."

Ultimately, Palumbo says, the job market will be stronger for people in entry-level positions, since many companies are cutting senior staff and hiring new recruits at the lower end.

"We're seeing companies that are very public about their job cuts, yet they're still coming to get students," says Palumbo. "Why? Because if you don't continue to get students, then ten years down the road, when you're looking for your future managers and directors, you don't have them."

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Kellogg's global network of Executive MBA programs, including the Kellogg-Schulich EMBA, is ranked **#1 in the world** by *The Wall Street Journal* in its inaugural EMBA survey. The Kellogg-Schulich EMBA is ranked **#1 in Canada** by the *Financial Times* of London in its most recent global EMBA survey.

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"Employers will ... find very high-quality applicants from our large diverse pool of MBA professionals," she added.

Finding and hiring innovative and knowledgeable talent has never been more important than in today's business market, said Austrig, who is also a professor in the business faculty at the University of Regina.

"MBAjobs.ca centralizes all the MBA-related needs



Canada's MBAjobs.ca helps employers find highly skilled MBAs.

in one place," she said. "A true, simple, and an effective solution to hiring in the Canadian MBA job market," she said.

"We are not the same as other online job boards; we have an innovative team paying close attention to the job posting results."

"We are serious about getting results for our employers," Austrig added. According to MBAjobs.ca, 40 per cent of MBA-required jobs across Canada are finance related.



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Bosh, Paul earn weekly honours
Toronto Raptors forward Chris Bosh and New Orleans Hornets guard Chris Paul were named the Eastern and Western Conference Players of the Week, respectively. **METRO NEWS SERVICES**

Sports

SPORTS@METRONews.CA

Iverson heads to Detroit for Billups

Nuggets also get McDyess, Samb in deal

The Detroit Pistons pulled off a big deal yesterday, acquiring star guard Allen Iverson from the Denver Nuggets in exchange for three players.

Leaving the Motor City will be guard Chauncey Billups, forward Antonio McDyess and reserve centre Cheikh Samb.

"We are pleased to welcome Allen Iverson to the Pistons organization," said Detroit president of basketball operations Joe Dumars. "Allen has proven he is one of the elite players in the league and we like what he adds to our roster at the guard position."

Iverson is averaging 18.7 points and 6.7 assists through three games this season. The 33-year-old is in his 13th NBA season and has compiled 27.7 points and 3.8 rebounds per contest over 832 career games with Philadelphia and Denver.

Iverson leaves Denver after posting 25.8 points, 7.2 assists and 3.0 rebounds per game

All-star guard Allen Iverson is headed to the Detroit Pistons.

in his short stay.

Billups, in his 12th NBA season and seventh with the Pistons, holds averages of 12.5 points and 7.5 assists in two contests this year. The former third-overall pick of the Boston Celtics has recorded 14.8 points, 5.5 assists and 2.9 rebounds per game over 760 contests with the Celtics, Raptors, Timberwolves and Pistons. He was an integral part of the Pistons' 2004 NBA championship team.

The well-travelled McDyess posted 7.0 points and 4.0 boards through two games with Detroit this season. Over a 14-year career, the Mississippi native has played for four teams and compiled averages of 13.4 points and 7.7 rebounds in 805 games.

Samb, the Lakers' second-round pick in 2006, saw limited action in four games this season.

METRO NEWS SERVICES

Phillies introduce Amaro as new GM

MLB The World Series champion Philadelphia Phillies introduced Ruben Amaro Jr. as the team's new general manager yesterday.

Amaro replaces Pat Gillick, who had previously announced that the 2008 season would be his last. He went out a champion, as the Phillies captured the second World Series title beating Tampa Bay last week. **METRO NEWS SERVICES**

Sports in brief

NBA The Denver Nuggets waived veteran forward Juwan Howard yesterday. The Nuggets added the 35-year-old in training camp. He played sparingly in the three Nuggets games this season, averaging 0.7 points and 1.3 rebounds in 7.3 minutes per game.

NFL The Denver Broncos, losers of three straight games, placed running backs Michael Pittman and Andre Hall on the injured reserve list yesterday. **METRO NEWS SERVICES**

Browns opt for Quinn, as Anderson benched

NFL Cleveland's Brady Quinn will get his long-awaited debut as an NFL starter at home Thursday against the Denver Broncos.

The Browns confirmed the benching of Derek Anderson yesterday after last year's Pro Bowl selection led the promising club to a 3-5 mark to begin the season.

Anderson has completed just 49.8 per cent of his passes for 1,454 yards with nine touchdowns and seven interceptions for Cleveland, which entered Sunday ranked 30th in the league in total offence.

The Browns aren't the only team making changes at the quarterback spot.

Chicago Bears coach Lovie Smith confirmed at his press conference yesterday that quarterback Kyle Orton has a right ankle injury, but did not elaborate. The Chicago Tribune is



Browns QB Brady Quinn.

reporting that Orton could be out for up to a month with a high ankle sprain. Rex Grossman will likely replace Orton.

Also Houston Texans quarterback Matt Schaub will miss the next few weeks after injuring the medial collateral ligament in his left knee in Sunday's loss at Minnesota.

Sage Rosenfels will serve as starter for the 3-5 Texans. **METRO NEWS SERVICES**



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NHL to show real-time all-star vote results

The NHL said yesterday it will be the first major sports league to offer real-time results from all-star fan voting on its website. **REUTERS**

Brodeur-less Devils shut out by Sabres

Ryan Miller posted his second straight shutout as the Buffalo Sabres topped the Martin Brodeur-less New Jersey Devils, 2-0, at the Prudential Center in Newark, N.J., last night.

Miller stopped all 24 shots he faced for the ninth shutout of his career. Jason Pominville and Patrick Kaleta each scored for the Sabres, who have won two straight after a three-game losing streak.

The Devils were without Brodeur between the pipes for the first time in 52 regular season games, dating back to January 8 of last season. The future Hall-of-Famer was sidelined with a bruised elbow suffered in Saturday's win over Atlanta.

Islanders 4, Blue Jackets 3 — For a second straight game, the Islanders blew a



Craig Rivet of the Buffalo Sabres lays a hit against Jamie Langenbrunner of the New Jersey Devils during last night's game.

three-goal lead in the third period, but this time Chris Campoli's score in overtime gave New York a 4-3 victory over Columbus in Uniondale, N.Y. last night.

Campoli scored twice, while Richard Park and Bill Guerin had the other goals

for the Islanders, who halted a six-game losing streak.

Mike Comrie and Trent Hunter each had two assists for the Isles, who beat Columbus for just the second time in nine all-time meetings.

METRO NEWS SERVICES

NBA Pistons roll over Bobcats 101-83



Detroit Pistons' Amir Johnson dunks over Charlotte Bobcats Raymond Felton during their NBA basketball game at Time Warner Cable Arena in Charlotte, N.C., last night. The Pistons crushed the Bobcats 101-83.

SCOREBOARD

NHL

LAST NIGHT'S RESULTS
Buffalo 2 New Jersey
N.Y. Islanders 4 Columbus 3 (OT)
Chicago 6 Colorado 2

TONIGHT'S GAMES
Carolina at Toronto, 8:30
N.Y. Islanders at N.Y. Rangers, 8
Washington at Ottawa, 8:30
Phoenix at Calgary, 11
Nashville at Vancouver, 11
Anaheim at Los Angeles, 11:30
Minnesota at San Jose, 11:30

QMJHL

TOMORROW'S GAMES
Rouyn-Noranda at Bathurst, 7
P.E.I. at Saint John, 7
Val-d'Or at Montreal, 8
Quebec at Rimouski, 8:30
THURSDAY'S GAMES
Cape Breton at HALIFAX, 7
Chicoutimi at Lewiston, 8

NFL

LAST NIGHT'S RESULT
Pittsburgh at Washington

NBA

LAST NIGHT'S RESULTS
Cleveland 100 Dallas 81
Detroit 101 Charlotte 83
Memphis 90 Golden State 79
Orlando 96 Chicago 93
Philadelphia 125 Sacramento 91
Utah at L.A. Clippers
TONIGHT'S GAMES
Phoenix at New Jersey, 8:30
Boston at Houston, 9:30
Dallas at San Antonio, 9:30

CFL

DIVISION SEMIFINALS
SATURDAY'S GAMES
EAST
Edmonton at Winnipeg, 2
WEST
B.C. at Saskatchewan, 5:30

CIS FOOTBALL

SATURDAY'S GAMES
ATLANTIC CONFERENCE
LONEY BOWL
St. FX at Saint Mary's, 12
QUEBEC CONFERENCE
DUNSMORE CUP
Concordia at Laval, 1:30
ONTARIO CONFERENCE
YATES CUP
Ottawa at Western Ontario, 2
CANADA WEST CONFERENCE
HARDY BOWL
Simon Fraser at Calgary, TBA
SUNDAY, NOV. 16
NATIONAL SEMIFINALS
UTECK BOWL
Canada West winner at Quebec winner, 1
MITCHELL BOWL
Atlantic winner at Ontario winner, 4
SATURDAY, NOV. 22
VANIER CUP AT HAMILTON
Uteck Bowl winner vs. Mitchell Bowl winner, 3

Sports in brief

GOLF Five-times major winner Seve Ballesteros has spoken to his family as he makes progress in his recovery from a third operation on a brain tumour.

NHL The Columbus Blue Jackets activated forward Fredrik Modin from injured reserve yesterday. The 34-year-old has just three assists in five games this season.

NHL The Minnesota Wild placed right wing Owen Nolan on injured reserve yesterday with a lower body injury.

METRO NEWS SERVICES



Lower Sackville's Ben Duffy continues to hover near the top of the Quebec Major Junior Hockey League's rookie scoring race. The 16-year-old P.E.I. Rocket forward has nine goals and nine assists for 18 points in 20 games, just two points behind Sergey Ostapchuk of the Rouyn-Noranda Huskies. **METRO NEWS SERVICES**

Duffy in scoring race

Searching for a championship

Tigers' Jenna Kaye transferred from P.E.I. to do just that

In three seasons with the P.E.I. Panthers, Jenna Kaye developed into one of Atlantic University Sport's finest women's basketball players. Problem was, her efforts were futile — the Panthers lost 40 of 60 games during her tenure.

It's going to be a whole new world now that the 5-foot-6 guard has joined the Dalhousie Tigers, who are the talk of the conference and poised for a run at a championship.

"Coach (Carolyn Savoy) put it pretty well when she said, 'You only get teams like this once in a blue moon,'" Kaye said.

"I think, definitely, we're a team built to win this year."

Kaye, who changed schools to enroll in law

school and to have a shot at winning, is one of two key veteran pickups for the Tigers.

Guard Kelly Donald, who played four seasons at Dal from 2003 to 2007, has returned for a final tour of duty.

"Ultimately, if awards were important, I would have stayed at P.E.I."

Jenna Kaye

Both are former first-team all-stars.

When you throw two more former all-stars into the mix — 5-foot-10 forward Alex Legge and 6-foot-4 post Laurie Girdwood — it's easy to see why the Tigers are currently ranked fifth in the country.

Also in the picture are Brianna Orr, a 41.2 per cent three-point shooter; Cailin Crosby, a 6-foot-3 transfer from the Acadia Axewomen; and Girdwood's 6-foot-2 twin sister Leah.

"We have a strong inside game with some of the biggest posts in the league, and guard-wise with me, Kelly and (Brianna), we have a lot of expe-

rience," said Kaye, who averaged 16.8 points, 6.5 rebounds and 5.4 assists last season. "Balanced is probably the best word to describe us."

With only one ball to go around on a team loaded with talent, individual statistics will take a backseat to wins. Kaye, from Sackville, N.B., is fine with that.

"Ultimately, if awards were important, I would have stayed at P.E.I.," she said.

"Individual goals are secondary to winning. We've all set our goal to be national champions."

The Tigers, who host the AUS championship at Dalplex, have not won a banner since 2001.

The Cape Breton Capers and Memorial Sea-Hawks are the only teams to have won since then, and the Tigers are hoping to end that run.

Donald, who took last year off to teach English in Thailand, sees something special in this year's group.

"Players always say at the beginning of the year that they think they're going to win," she admitted.

"But right now, we just have this feeling where we know we can get it done."



Jenna Kaye moved to Dalhousie to enroll in law school and have a shot at winning.

Tip off time

- The Atlantic University Sport men's and women's basketball seasons open on Thursday night, with the Saint Mary's Huskies hosting the St. Francis Xavier X-Men at The Tower at 6 and 8 p.m. The Dalhousie Tigers head to St. John's, N.L., for Saturday and Sunday games against the Memorial Sea-Hawks.

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Dal men won't surprise this year

MATTHEW WUEST
matthew.wuest@metronews.ca

BASKETBALL There hasn't been much optimism around the Dalhousie Tigers' men's basketball program this decade.

But years of negativity suddenly went out the window last March, when the Tigers took their first .500 season in ages into the Atlantic University Sport playoffs and rocked the Metro Centre with a rousing run to the semifinals. With most of that team back, Dal suddenly finds itself ranked 10th in the country on the eve of a new season.

"The biggest thing is self belief," Tigers head coach John Campbell said, of the impact of last season's success.

"Often, you think you can compete, but until you actually have success, there's doubt. But our players learned they can compete with the best and they're hungry to improve on that."



Simon Farine led Dal with 15.9 points per game last season.

It certainly appears that losing season after losing season is fading quickly in the rearview mirror for Dalhousie.

Guard is the Tigers' position of strength, led by all-star Simon Farine and fourth-year Andrew Sullivan. Farine's 15.9 points per game were good for fifth in the conference, while Sullivan is a three-point bomber with deadly accuracy.

A healthy Germain Bendegue will be a key, as the fifth-year forward missed last year's playoffs after averaging 11.1 points and 6.7

rebounds during the season. Josh Beattie and Sandy Veit round out the starting five, while rookie Stephen Lopez of Toronto will get big minutes off the bench.

While many other teams in the AUS have undergone an off-season of turnover, the Tigers have remained stable. That's an indication they're building toward something, and it would be no surprise to see them challenge for a championship.

"We are a better basketball team than last year," Campbell said.

Groulx up for Hec Crighton

FOOTBALL Laval Rouge et Or quarterback Benoit Groulx has been named the Quebec University Football League's nominee for the Hec Crighton national player of the year award. Nominees for the other conferences, including Atlantic University Sport, will be announced Thursday. St. Francis Xavier X-Men running back James Green of Halifax is a contender.

Brier nod coming today

CURLING The Canadian Curling Association is expected to announce today that the 2010 Tim Hortons Brier Canadian men's curling championship will be held at the Metro Centre, as reported in Metro Halifax last week.

Halifax has hosted the event five times, most recently in 2003 and 1995. Total attendance in 2003 was 158,144, good for eighth all-time.

METRO NEWS SERVICES

CFL West semifinal sells out fast

Tickets to Saturday's CFL West semifinal in Regina between the Lions and Roughriders sold out in 35 minutes yesterday. **METRO NEWS SERVICES**

sports **17**

Als the new odds-on favourites

Before the CFL season kicked off in late June, the **Montreal Alouettes** were perceived as so inept and so incompetent that they were ranked as the longest of longshots to capture the Grey Cup championship.

They were 110-to-1 underdogs — with all seven of the CFL's other squads ranked by oddsmakers ahead of them, including the **Toronto Argonauts**, who were listed as Grey Cup favourites at 2.35-to-1.

And so it boggles the mind that, as this little league of lunacy prepares only four months later to launch its playoffs, it was the Argos who turned out to be inept and incompetent — and ineligible for post-season participation — while Montreal has emerged as the team to beat.

In fact, when the oddsmakers updated their CFL

YorkReport

Marty York

marty.york@metronews.ca

odds yesterday, the Als were listed as the new Grey Cup favourites, at 2.25-to-1.

They are followed by the **Calgary Stampeders** (2.5-to-1), the **Saskatchewan Roughriders** (8-to-1), the **B.C. Lions** (10-to-1), the **Winnipeg Blue Bombers** (17-to-1) and the **Edmonton Eskimos** (19-to-1).

• The Als finished atop the Eastern Division and defied the odds this season because:

—New head coach **Marc Trestman** quickly adapted to CFL-style football when skeptics suspected his strictly-NFL background

would prevent him from doing so.

—Quarterback **Anthony Calville**, at 36, bounced back from a 2007 season of on-field and off-field adversity.

—Every other Eastern team, including Toronto, were dreadful.

• The Als need only two victories — the Eastern final and the Grey Cup game, both on their home turf — to win the CFL championship, which is largely why they're post-season favourites, but I'm sticking with the team I chose before the season — the Stamps, who have a first-rate offence with MVP candidate **Henry Burris**, their quarterback, as well as running back **Joffrey Reynolds** and receiver **Ken-Yon Rambo**. Reynolds and Rambo led the CFL in rushing and receiving, respectively.

And here's something else for the Als to worry about: The second-place finisher in the East has advanced to the Grey Cup game in three of the past four years. Winnipeg finished second in the East this season.

Favourites

• Oddsmakers have established the Blue Bombers as 2.5-point favourites over the Edmonton Eskimos for Saturday's Eastern semi-final in Winnipeg. The Roughriders, meanwhile, are 3.5-point favourites over the B.C. Lions for Saturday's Western semi-final in Saskatchewan.

• And, in baseball, B.C. native **Ryan Dempster** has let it be known he's planning to jump from the Chicago Cubs as a free agent because the club will not offer him more than a three-year contract.

Dempster, an all-star pitcher in the past season, is 31 and wants at least four years guaranteed.

Either way, he's due for a bulky raise and will make no less than \$12-million U.S. a year. The most he made for any of his seasons with the Cubs was \$5.5-million.

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

New York marathon marred by two deaths

New York City marathon chief Mary Wittenberg hailed Sunday's race a resounding success despite the deaths of two participants, the first at the event since 1994.

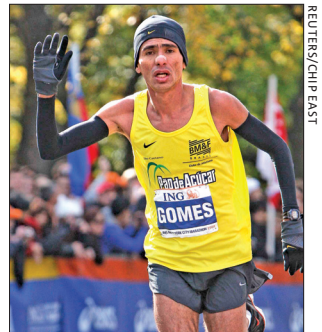
Ninety nine per cent of the 38,356 starters finished and more than \$18 million was raised for charity.

"We express our deepest condolences to the athletes' families," Wittenberg told reporters yesterday. "We are not going to share the identity of the athletes in deference to the families. Both athletes finished the race."

Wittenberg said there were three heart attacks in the race. One individual was pronounced dead on site and the other two were resuscitated and taken to hospital.

The other participant who died left the Central Park finish, returned home and an hour later there was a call for emergency help.

Two heart attacks resulted in deaths at the 1994 race. A total of 37,899 par-



Marilson Gomes dos Santos of Brazil waves to the crowd just before winning the New York marathon Sunday.

ticipants crossed the finish line, Wittenberg said. The oldest man was 87 years old and the oldest women 83.

Britain's Paula Radcliffe won her third women's crown and Brazilian Marilson Gomes dos Santos topped the men's field for the second time.

Forty-year-old women's runner-up Ludmila Petrova of Russia set a world masters record of two hours, 25 minutes, 43 seconds, surpassing Priscilla Welch's 2:26:51 set in London in 1987.

REUTERS

Here's something else for the Als to worry about: The second-place finisher in the East has advances to the Grey Cup game in three of the past four years.

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Filmmaker Debra Pascali-Bonaro, an internationally known childbirth expert, recently released a new film that reveals the experience of an 'orgasmic' birth, aptly called *Orgasmic Birth*. For more information, visit her website at orgasmicbirth.com. **TORSTAR NEWS SERVICE**

Health



Freshen up those runners

Tackle odours with fun styles and fresh scents by using Sneaker Balls. These are small air fresheners that are meant to fit anywhere — from inside your sneakers and gym bag to a locker or clothes hamper. The deodorizing balls come in two scents, power mint and fresh scent, and five different designs, including happy faces and soccer and golf balls. Available at Wal-Mart, Mark's Work Wearhouse and Sport Chek for \$5.99. **METRO NEWS SERVICE**

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Flu-fighting foods

Eat five servings of fruits and vegetables a day: Dietitian

CELIA MILNE
for Metro Canada

Sick? Ick! When cold and flu season hits, most of us pop vitamins. While there's probably nothing wrong with that, our first defence should be a healthy diet.

Reach for the vegetable crisper before the medi-

cine cabinet, advises Helene Charlebois, a registered dietitian in Ottawa. "If you eat well and you are getting your antioxidants, your whole body works better. When there are viruses floating around, you have a better defence."

A new survey of 751 Canadian adults found that 78 per cent of us bought vitamin and mineral supplements in the last year. Many of us (35 per cent) admit we are making up for lapses in nutrition. And 39 per cent of us are taking vitamins to avoid catching a cold or the flu. The survey was sponsored by Tropicana, which makes 100 per cent pure fruit juices.

Charlebois insists that a good diet base is the most important thing. She recommends that we eat five to 10 servings of fruit and vegetables a day, and then add vitamins and minerals as needed. To find out what you are deficient in, see a dietitian.

"Vitamins and mineral supplements don't replace good nutrients. They are called supplements for a reason. They are supplementary to a good diet," she says.

You are more likely to get sick if you are in a phase where you're super busy, not sleeping well, feeling stressed and eating lots of junk food. "Your body has to work hard getting rid of chemicals and by-products," says

PAUL IRISH/TORSTAR NEWS SERVICE



To get the antioxidants you need to fight illness, eat two vegetable portions at lunch, two more at dinner and three servings of fruit each day.

Charlebois.

A healthy diet includes fruits, vegetables, whole grains, legumes, lean meats and fish.

To get the antioxidants you need to fight illness, she recommends you eat two vegetable portions at lunch, two more at dinner and three servings of fruit each day. One of those servings of fruit could be

half a glass of 100 per cent juice. Try some orange juice with soda at about 4 p.m. instead of coffee and a cookie, suggests Charlebois.

"If you want to boost your immune system, get more of the antioxidants found in fruits and vegetables," she says. Her motto? "Eat as close to the farm as possible."

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Drinking shrinks brain?

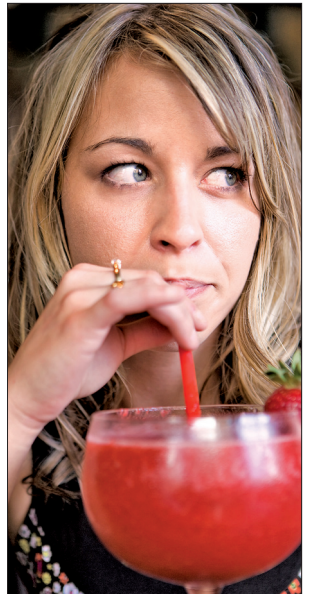
CELIA MILNE
for Metro Canada

RESEARCH The more alcohol you drink, the smaller your total brain volume.

Since drinking a moderate amount of alcohol has been found in earlier studies to be good for your heart, researchers in Massachusetts decided to see if alcohol can prevent the inevitable shrinking of the brain that comes with age.

Instead, they found the opposite. When they assessed the brains of 1,839 people using MRI and also asked them about their drinking habits, researchers found that the more alcohol people drank, the smaller their brains were.

"The public health effect of this study gives a clear message about the possible dangers of drinking al-



Researchers found that the more alcohol people drank, the smaller their brains were.

cohol," the authors wrote in the October issue of Archives of Neurology.

Health in brief

TURTLE ALERT Think twice before getting a pet turtle. Turtles might seem like good pets — cute, too slow to escape and they won't bark all day — but they carry health risks. A large outbreak of illness in 33 States in the U.S. was traced to pet turtles. These reptiles carry a

harmful bacteria called salmonella, which can cause diarrhea, vomiting and other GI problems in humans. Two young girls became very sick after swimming in a wading pool where turtles had been swimming.

CELIA MILNE/FOR METRO CANADA

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Lung cancer gene identified

An international research team has identified two genetic variations that appear to increase a person's risk of developing lung cancer by up to 60 per cent, they reported this week. **REUTERS**

A faceless breakup

The J Spot

Josey Vogels

Sex talk with Josey

According to an October survey commissioned by Samsung Telecommunications America, 11 per cent of Americans say breaking up with a boyfriend or girlfriend via text message is OK.

But why stop there? Today's technology offers us all kinds of cowardly ways to break up with someone. Infamous blogger Sandra Soroka dumped her guy by changing her status to read: "Sandra is letting Will know it's officially over via Facebook status." Wikipedia.com owner Jim Wales used his own site to announce that he was no longer seeing his girlfriend and former Fox News correspondent Rachel Marsden. Then he personally gave

her the news via Instant Messenger.

Or why not avoid the deed entirely and simply outsource your breakup? At *breakingupiseasytodo.com*, they'll send your dumpee a "kind" or "mean" breakup message via email with an audio attachment.

And breakups aren't the only aspects of your relationship you can outsource. The "Rejection Hotline," (*rejectionhotline.com*) is a number you give someone you don't want to call you that will give them a recorded rejection so you don't have to.

Want to get out of a bad date? Use a rescue call service (*cingular.com/voiceinfo*) that will call you at a predetermined time during your date so you can make a quick getaway. If a relationship leaves you with more than memories, use an anonymous and free STD e-card to notify past sex partners about exposure to sexually transmitted diseases.

Are we all just becoming a bunch of cowards when it comes to relationships and confrontation? Some argue this kind of faceless communication isn't always a negative thing. Deb Levine, the executive director of the Internet Sexuality Information Services (ISIS) in San Francisco, the folks behind the free STD e-cards, has said: "E-cards do not replace in-person communi-

cation, but for people who are diagnosed with an STD, e-cards can enhance sexual communication and ease a process of disclosure that can be extremely difficult."

Still, you have to wonder if all this confrontation avoidance isn't causing us greater damage. Forcing yourself to communicate and go through the difficult aspects of relationships is what makes us grow.

One good thing about having someone reject you this way is that it makes it easier to get over someone

when you realize the person obviously didn't deserve you anyway.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.



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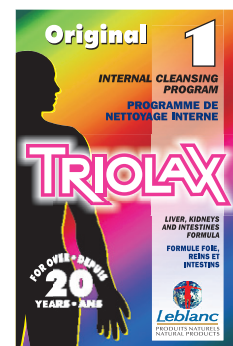


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Sarah Jessica Parker and Hugh Grant have been tapped to co-star as an estranged couple in a new romantic comedy. The actors will reportedly play a high-powered New York couple placed in the witness-protection program in a small mid-western town in the upcoming film. **IMDB.COM**

Entertainment

Worried mom

James Bond star Daniel Craig's mother, Carol, feared her son would end up as a failed actor when he quit school to pursue a career as a thespian.

IMDB.COM



Reaching a new audience

PHILIP CROUCHER
philip.croucher@metronews.ca

He considered it “cool” and “great” to be named the opening act for singer-songwriter Feist on her cross-Canada tour, but Toronto's Hayden wasn't expecting much to come from it.

Well, as the tour draws to a close with several upcoming shows in Atlantic Canada, Hayden is realizing a whole new audience is listening to his music and liking what they hear.

“For years I think I've been playing to all the same people except maybe 10 per cent friends that came along,” said Hayden, who has been performing for about 15 years.

“So it's been really interesting seeing anything from a group of 13 year old girls saying that I'm new their favourite band to a 60-year-old couple saying they've never heard of me and they thought it was great.

“It's been really interesting.”

Hayden plays about a one hour set to open for Feist, which is taking her show to the Halifax Metro Centre on Friday at 8 p.m.

In January, Hayden released his fifth studio album *In Field & Town*. It was his first record in four years and was a shake-up of sorts as the sound is more up-beat and instrumental from his first four CDs.



Hayden will open for Feist at the Halifax Metro Centre this Friday night.

“In some ways, it's more up tempo than the Feist show at times,” Hayden said about his new material.

“Going into this record I really wanted to have that element to it. I didn't want standard, Nashville-sounding drumming on every song.

“I kind of wanted to shake things up rhythmically and instrumentally as well. It was a lot of fun to do that. It's also a lot of fun playing it to the people.”

Calgary's Feist, a nine-time Juno award winner,

is touring across Canada in support of her album *The Reminder*, which includes the hit song 1,2,3,4. Feist is playing at major venues across the country, which is new for Hayden who normally performs at stage theatres or bars.

“I usually don't use these terms, but I'd say amazingly. It's really good,” Hayden said of the tour.

“It's been interesting because I was really thinking it was going to be overwhelming and boomy (with the sound).

“I was thinking the

acoustics would be terrible and it would be hard to get into it, but it's been the opposite of that. It honestly feels like we're playing in a rehearsal space or a really small club.”

If you go

- WHAT: Feist with Hayden
- WHEN: Friday at 8 p.m.
- WHERE: Halifax Metro Centre
- TICKETS: Cost is \$55 and \$45. Phone 451-1221 or visit ticketatlantic.com.

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Uchida performs with SNS

SYMPHONY Canada's youngest concertmaster Robert Uchida will perform one of the greatest violin concertos ever as Symphony Nova Scotia returns to the stage on Thursday at 7:30 p.m. at the Rebecca Cohn Auditorium.

Uchida, who has been with SNS for two years, will be playing Mozart's Violin Concerto no. 5 “Turkish,” which was written in 1775 and features a Turkish dance in its third movement.

“It's a consummate



work,” Uchida said in a release. “It has everything – both the youthful energy and the introspective lyricism that only Mozart could achieve.”

Also featured in the SNS program is Toru Takemitsu's *Rain Coming* and Schubert's *Symphony no. 3*.

A second performance for this show will take place at the Rebecca Cohn Auditorium on Sunday at 2 p.m. Tickets for both shows range in price between \$32 and \$47.50.

METRO HALIFAX

Entertainment in brief

THEATRE Only six performances remain in Eastern Front Theatre's production *Vimy*, which is playing at the Alderney Landing Theatre in Dartmouth. Performances take place tomorrow through Saturday at 8 p.m., with matinees on Saturday and Sunday at 3 p.m. The cost is \$28 for adults, \$25 for seniors, and \$15 for students. Phone 1-888-311-9090.

CONCERT Singer-songwriters Christina Martin, Norma MacDonald, Ryan MacGrath and Jon Landry will perform at a benefit for the Canadian Mental Health Association at the Saint Mary's University Art Gallery on Saturday, Nov. 15 at 7:30 p.m. Tickets cost \$15 in advance and \$20 at the door. They are available by phoning 455-5445.

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South Africa trip inspires Lewis

Singer Leona Lewis says a trip to South Africa for charity campaign Sport Relief earlier this year has inspired her to give a disadvantaged child a home. "I definitely want to adopt," she said. FEMALEFIRST.CO.UK



Cormier lives for music

PHILIP CROUCHER
philip.croucher@metronews.ca

Award-winning Cape Breton singer-songwriter J.P. Cormier is turning 40 in January which will mark 27 years in the music industry.

But don't for a minute think this birthday milestone will mean a slowdown in his career.

"It's more than a hobby for me," Cormier said. "It's who I am. It's what I do. I'd no more stop doing this than my doctor would stop being a doctor."

Cormier certainly hasn't stopped much in 2008. Along with his usual busy touring schedule, Cormier released a new album this past June titled *The Messenger*.

As well, Cormier is releasing his first Christmas CD on Nov. 25 titled *Noel: A J.P. Cormier Christmas*.

Cormier doesn't hold back talking about the Christmas record. He admits it's something he wasn't keen on because he "generally despises" them as "they're the same 20 songs over and over



J.P. Cormier performs at the Rebecca Cohn on Friday night.

again."

"I can only handle hearing my favourite singers in the world doing Rudolph, the Red Nosed Reindeer so many times before I puke," he said.

But continually pushed on the project, Cormier finally went for it, but made sure to make it his own.

Cormier amassed a collection of Christmas songs most of which aren't the classics you hear regularly on records like these.

"The closest thing I have to a classic is O Holy Night, and I did that because it's just one of my favourite songs," said Cormier, who performs on Friday at the

Rebecca Cohn Auditorium at 8 p.m.

"Other than that, it goes to some places you wouldn't expect it to go. There's a very strong, spiritual message on the album."

As for *The Messenger*, the album features 14 new songs, and includes a duet with Cape Breton songstress Rita MacNeil in the track *Brother's In Darkness*.

"It was a long time coming," he said of the record. "Some of the songs on the album I've been performing since I wrote them in early 2003."

"It basically came to the point that people we're getting really made at me because they couldn't buy the stuff. So I decided to get it out there."

If you go

- **WHAT:** J.P. Cormier with Spinney Brothers
- **WHEN:** Friday at 8 p.m.
- **WHERE:** Rebecca Cohn Auditorium
- **TICKETS:** Cost \$32. Phone 494-3820 or visit artscentre.dal.ca

Fiddler added to Nova Scotia Music gala

MUSIC Fleur Mainville has been added to the list of performers for the Nova Scotia Music Week gala awards show on Sunday at 8 p.m. at the John MacDonald Stadium in New Glasgow. **METRO HALIFAX**

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9 NFL Football Roast Turkey Buffet	10 Closed at 11:59pm 3 X ballots	11  Remembrance Day Casino Closed	12 Open at 10am Battle for Bucks 4 2 X ballots Classic Albums Live (Led Zeppelin IV)	13 3 X ballots Seniors \$5.99 Buffet	14 High Flying Fridays Big Fish	15 Roast Beef Buffet Sharks Only Poker Tournament
16 NFL Football Roast Turkey Buffet	17 3 X ballots	18 Your Club Slot Tourment Lucky Seat Draws All-you-can-eat Pasta	19 Battle for Bucks 4 2 X ballots	20 3 X ballots Seniors \$5.99 Buffet	21 High Flying Fridays Skully	22 Roast Beef Buffet
PLAYER'S CLUB POINTS SALE STARTING ON NOVEMBER 3rd						
23 NFL Football Roast Turkey Buffet	24 3 X ballots	25 Your Club Slot Tourment Lucky Seat Draws All-you-can-eat Pasta	26 2 X ballots	27 3 X ballots Seniors \$5.99 Buffet	28 High Flying Fridays Mike Cowie	29 Roast Beef Buffet
30 Battle for Bucks Finals NFL Football Roast Turkey Buffet	<div><h2>Bad Beat Promotion</h2><ul style="list-style-type: none">• This promotion will run until March 28th.• You could win \$20,000 or your share of a \$10,000 Free Roll• There will also be two draws for tournament seats.</div>		<div><h2>CLASSIC ALBUMS LIVE</h2><p>Led Zeppelin IV - November 12</p><p>\$30.75</p></div>			
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December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 3 X ballots	2 Your Club Slot Tourney/BJ Tourney Lucky Seat Draws All-you-can-eat Pasta	3 2 X ballots	4 3 X ballots Seniors \$5.99 Buffet	5 High Flying Fridays Roast Beef Buffet Brett Ryan	6
7 NFL Football Roast Turkey Buffet	8 GRAND PRIZE DRAW 3 X ballots	9 Your Club Slot Tourney Lucky Seat Draws All-you-can-eat Pasta	10 2 X ballots	11 Sophie Milman 3 X ballots Seniors \$5.99 Buffet	12 High Flying Fridays Roast Beef Buffet Soul Kitchen	13 Xmas Cheer Poker Tournament
NEW YEAR'S EVE - NOBODY DOES IT LIKE US!						
14 NFL Football Roast Turkey Buffet	15 3 X ballots	16 Your Club Slot Tourney Lucky Seat Draws All-you-can-eat Pasta	17 2 X ballots	18 Songwriters' Circle 3 X ballots Seniors \$5.99 Buffet	19 High Flying Fridays Roast Beef Buffet Barnacle	20
21 NFL Football Roast Turkey Buffet	22 3 X ballots	23 Your Club Slot Tourney Lucky Seat Draws All-you-can-eat Pasta	24 Closed at 6pm 2 X ballots	25 CASINO CLOSED	26 High Flying Fridays Roast Beef Buffet Open at 10am Asia NuGruv	27
28 NFL Football Roast Turkey Buffet	29 3 X ballots	30 Your Club Slot Tourney Lucky Seat Draws All-you-can-eat Pasta	31 New Year's Eve Nobody does it like us! Open 24 hours	New Year's Day Nobody does it like us!		
FUN & GAMES ON NEW YEAR'S DAY						

22 entertainment

Madonna spotted with A-Rod
Madonna and star Alex Rodriguez were reportedly spotted having a date recently. INTOUCHWEEKLY.COM



Metro writer Rick McGinnis at a midtown liquor store in Toronto, with a few of the ingredients for the classic Bond martini.

The refined taste of James Bond

There's a scene in *On Her Majesty's Secret Service* that's even more dated than Roger Moore's leisure suits and Sean Connery's terrycloth cabana wear.

After ordering a heap of beluga caviar to share with Bond girl Diana Rigg, one-shot Bond George Lazenby beats an evil henchman into unconsciousness, then helps himself to a heaping spoonful of glistening black fish eggs on a wedge of toast on his way out of the demolished hotel room.

Today, that single spoonful of caviar would cost you at least a hundred dollars, if you could get it at all. The James Bond created by Ian Fleming on the page and in over 20 movies onscreen is a self-styled sybarite and gourmand, but this might be an even more fantastic aspect of Bond than the villain's lairs in extinct volcanoes or the tricked-out sports cars.

Anthony Rommens runs Caviar Direct in the base-

Becoming Bond

Rick McGinnis

rick.mcginis@metronews.ca

ment of Toronto's St. Lawrence Market, and when he began in the business 15 years ago you could still get real caviar from Caspian Sea sturgeon. One of the ironies of Bond is that the Soviet empire he fought against his whole career ensured him a steady supply of beluga for his amorous conquests; once the Berlin Wall fell, fishing for sturgeon in the Caspian became a free-for-all eventually controlled by the mafia. Three years ago, a ban was put on export of caviar from the area.

"Basically it's fished out everywhere — it's an endangered species," Anthony tells me. "Even the average millionaire can't afford it." He's found alternative

sources for his caviar, but you'd expect to pay at least \$165 for a tiny jar of beluga.

"The idea of Ian (Fleming) being a sophisticated good liver was nonsense," says John Pearson in *James Bond: The Real Story*, a British documentary airing on the Discovery channel this weekend. Pearson is the author of biographies of both Fleming and Bond, and was the writer's assistant at London's Sunday Times.

At a Toronto liquor store, product consultant Stewart Bailey is trying to help me price out the sort of cellar a James Bond would need to have. A 2000 Dom Pérignon would cost \$220, but a '55 — Bond's favourite vintage — runs between \$1,205 and \$1,942 according to a search on wineseacher.com. He'd need a good supply of gin and vodka for his martinis, and a few bottles of something like the 2003 Chateau Latour 2003 at \$1,843.23 — "minus \$0.25 for the bottle deposit."

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Big softie

Jean-Claude Van Damme reportedly axed appearances for his film Jcvd to care for his sick puppy. IMDB.COM

entertainment **23**

DVD picks

Get Smart

Director: **Peter Segal**
Rating: **PG**

ADVANCE INTEL FOR Get Smart had it that the spy spoof didn't just miss it by that much, but by a country mile.

The skepticism was understandable in adapting a show like Get Smart, a James Bond parody that is as much a part of 1960s camp lore as Batman or Barbarella.

Who exactly was a Get Smart movie made for: aging '60s hipsters, now in their 60s, or their easily bored grandkids?

But the film stands on its own merits and appeals to all ages as a clever comedy thriller.

In assuming the role of Maxwell Smart, the bumbling Agent 86 of U.S. spy agency CONTROL, Steve Carell provides due homage to series original Don Adams, while adding his own flourishes. Anne Hathaway does the same with Barbara Feldon's Agent 99.

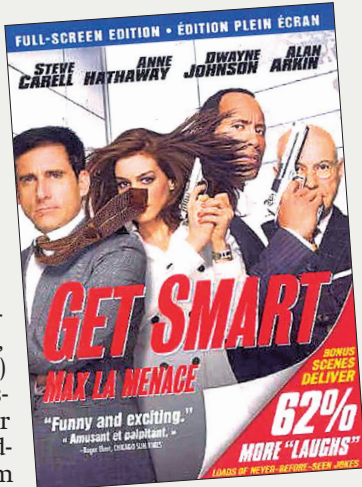
Supporting stars fit the duo as snugly as a shoe

phone, including Alan Arkin as the beleaguered CONTROL Chief; Dwayne (The Rock) Johnson as beefy and bossy Agent 23 and Terence Stamp as amusingly diabolical bad guy Siegfried.

It's a relief to see that director Peter Segal (50 First Dates, Anger Management) and writers Tom J. Astle and Matt Ember (Failure to Launch) didn't stray too far from the template laid down long ago by Mel Brooks and Buck Henry. But they also avoid slavish devotion.

Maxwell Smart is still as blind to his flaws as ever, but he's been upgraded from bumbling idiot to bumbling savant — Max actually has a brain and can make like 007 when the occasion demands.

The story is every bit as Cold War loopy as the Get Smart of old, with CONTROL battling the Eastern bloc's KAOS over a conspiracy to blow up the



planet or the U.S. president, whichever comes first.

The action sequences are better than the pro forma ones you'd expect in a spy spoof.

A struggle aboard a burning SUV speeding toward a train is better than anything in the new Indiana Jones movie — and funnier, too.

There's just one thing the naysayers must say for giving us such bad intel on Get Smart: "Sorry about that, Chief!"

TORSTAR NEWS SERVICES

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Inquest into death of Batman film crew member to begin this month

An inquest into the death of a special effects technician who was killed on the set of the latest Batman movie is due to begin this month. Conway Wickliffe died in September 2007 on the set of The Dark Knight after the truck carrying his camera platform collided with a tree. [IMDB.COM](#)

From restaurant waiter to gritty rocker

GRAHAM ROCKINGHAM
for Metro Canada

Ever had a job you just hated? Where you were always looking over your shoulder, wondering if the boss was watching. Where everything focused around punching out, grabbing your cheque and cutting loose?

For Max Kerman, lead vocalist of the Arkells, that job was waiting tables at an Italian restaurant on the outskirts of Hamilton, Ont.

If things go right for this new indie band from the Steel City, you may be hearing a lot about Kerman's job experiences on the radio. The first single off the Arkell's debut CD, Jackson Square, is called Oh, the Boss Is Coming, and it's about Kerman's brief career as a waiter.

"The lyrics don't really need any more explaining," Kerman said during a recent break in the band's national tour with Matt Mays & El Torpedo. "The words are pretty straightforward."

It's that kind of open



The Arkells play guitar rock high on intensity and low on pretention.

honesty that makes the songs of the Arkells so accessible. They play gritty guitar rock high on intensity and low on pretention.

None of the five members of the Arkells are from Hamilton originally. They met there, however, while attending McMaster University and began performing on the vibrant Hamilton club scene as

Album

- Jackson Square, the new album from the Arkells, is now in stores.

Charlemagne. The name was changed to the Arkells when they realized how many other bands around the world also called them-

selves Charlemagne.

The band members all share a love for the old Motown sound and felt the name, Arkells, referenced those old girl bands like the Supremes and the Shirelles. Arkell was also the name of the west Hamilton street on which Kerman shared a house with bandmate and fellow guitarist Mike Deangelis

during their time at university.

The band was picked up by Dine Alone Records, the hugely successful indie label that pushed Alexisonfire and City and Colour to platinum heights (Arkells keyboardist Dan Griffin also plays sideman to City and Colour's Dallas Green). An EP was released earlier this year, and Jackson Square was officially released last week across the country.

Over the past four years, the Arkells have established deep roots in the city. Jackson Square is named after a mall in downtown Hamilton that has seen better days.

"I think it's a pretty inspiring place," says Kerman, who grew up in downtown Toronto. "Jackson Square gets ragged on a lot but it's a really cool place. Everyone in the band has a story about Jackson Square."

Besides Oh, the Boss Is Coming, Jackson Square is loaded with pop-rockers like John Lennon, No Champagne Socialist, Ballad of Hugo Chavez and Abigail.

Meet the Parents writer creating show

TV The co-writer of Meet the Parents and Meet the Fockers is developing an NBC comedy that shares some similarities with his hit movies.

Changing Positions, from Jim Herzfeld, centers on a Wall Street guy in his late 30s who loses everything and is forced, along with his wife and their teen kids, to move in with his parents. They are a sexually active couple who live in a Hollywood Hills compound after amassing a fortune making (and starring in) instructional sex videos.

"The challenge is raising a family the way you want to raise them around grandparents who don't have the same values you have, who have no filter when it comes to their sexuality and don't think twice before skinny dipping in the pool with the kids around," Herzfeld said.

Herzfeld has worked on such sitcoms as Married ... With Children and Doctor Doctor before transitioning to features. **REUTERS**

critics' corner

The Tudors
When an irresistible force meets an immovable object — off with old immovable's head! In this new episode, Sir Thomas More and Bishop Fisher (Jeremy Northam, Bosco Hogan) continued opposition to Henry's (Jonathan Rhys Meyers) seizure of religious authority get them imprisoned in the Tower of London, where they face execution if they don't swear allegiance to him. Things aren't looking good for Anne (Natalie Dormer) either; Henry's eye is wandering again. 9 PM on CBC



Live at the Rehearsal Hall
In "Kathleen Edwards," the roots-rock singer-songwriter performs an hour of favorites from her debut album, "Failer," as well as her sophomore effort, "Back to Me." Jim Cuddy of Blue Rodeo joins her onstage for "Hockey Skates" from the soundtrack of "Men With Brooms." Lance Chilton hosts the hour. 9 PM on BRAVO

The Simpsons
Kelsey Grammer returns as the voice of murderous Sideshow Bob, who is out of prison and running for mayor of Springfield. He wins, but Lisa suspects the election was rigged. 10 PM on COMEDY

GlobalStyle

Kenya Hunt

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In brief

PEOPLE Actress Lindsay Lohan has been axed as the host of the World Music Awards 2008, femalefirst.co.uk reports. Lohan has reportedly been replaced by actress Denise Richards after organizers allegedly lost confidence in Lohan's ability to present at the Monaco event next week.

TV FX and former West Wing writer/executive producer Lawrence O'Donnell is developing a police drama. Staten Island centres on a compromised police chief. Should the project go forward, it could become a successor to FX's long-running cop drama The Shield, which bows out Nov. 25. O'Donnell won an Emmy for Best Drama Series in 2001 as part of The West Wing's production team.

METRO NEWS SERVICES

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
11/4/08	31	31	31	ABC	News (N)	ABC Wid News	ABC News: Vote 2008 Voting results. (Live)					
	7	7	7	ASN	The Road to Avonlea	Robson Arms	TMZ (N)	Women of Karaoun (N)		Criminal Intent		
	11	11	11	CBC	Coronation St.	Jeopardy! (N)	Rick Mercer	22 Minutes	The Tudors	CBC News: The National (N)		
	2	2	2	CBC-F	Terre humaine	Pyramide (SC)	Virginie (SC)	La Factice	Providence (HDTV) (N) (SC)	Roxy (N) (SC)	Filantes	Le Téléjournal
	32	32	32	CBS	News (N)	Evening News	Campaign '08: Election Night (Live)					
	69	69	69	CFTM	TVA 18 heures	Le Cercle (SC)	Occupation	Vidéos	Histoires-filles	Caméra café	La Promesse (SC)	TVA 22 heures
	6	6	6	CIHF	Entertainment	ET Canada	90210 (HDTV) (N)	House		Kitchen Nightmares (N)		News (N)
	9	9	9	CJCH	etalk	Hollywood	To Be Announced	Criminal Minds (N)		To Be Announced		News (N)
	10	10	10	ELTV	(6) EastLink Television			Podium TV		EastLink Television		
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	You Decide 2008: Election Special (HDTV) (Live)			Fox First
primetime	12	12	12	NBC	News (N)	NBC News	2008 Election Night Voting results. (Live)					
	29	29	29	NW	World News	Business	CBC News	Newman	CBC News: The National U.S. election coverage. (N)			
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Greater Boston Election.		Nova (DVS)		The Newshour Election Night Coverage 2008		
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Nova (DVS)		The Newshour Election Night Coverage 2008		
news	68	68	68	TQS	(6:30) Le Retour (SC)	Beauté	Loft Story	Génération séduction		La Verité choc		110 pour cent
	23	96	96	BNN	Business News	Headline	Market Call	Commodities	Workopolis TV	Business News	Squeeze Play	Market Call
	18	18	18	CNN	Election Night in America	Presidential election coverage. (Live)						
	54	54	54	GOLF	The Turn	Inside PGA	60 in 30	Top 10	Natalie Gulbis	Golf Central	Big Break X: Michigan	Big Break X
sports	52	52	52	RSE	Prime Time Sports		Overtime	NHL Hockey	Washington Capitals at Ottawa Senators. (HDTV) (Live)			Sportsnet Con.
	55	55	55	SCOR	WWE Monday Night Raw		Cabby Unlimit	Court Surfing	NBA news, scores and highlights.			Score Tonight
	45	45	45	SPD	Unique Whips		Pinks (HDTV)	Pass Time	Low Life	Low Life	Super Bikes!	Super Bikes!
	53	53	53	TSN	Off the Record	SportsCentre	That's Hockey!	NHL Hockey	Carolina Hurricanes at Toronto Maple Leafs. (HDTV) (Live)			NHL Hockey
family	43	43	43	FAM	Zoey 101	Life Derek	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek
	44	44	44	TOON	6teen	Total Drama	George-Jungle	Bugs Bunny & Tweety Show	Wayside	Johnny Test	Futurama	American Dad
	26	26	26	TREE	Max & Ruby	Backyardigans	Ni Hao, Kai-lan	Toot & Puddle	Franklin	Little Bear	Maggie-Beast	Comfy Couch
	27	27	27	YTV	Drake & Josh	iCarly	Malcolm-Mid.	Home Improve.	Malcolm-Mid.	Sabrina-Witch	Futurama	Prank Patrol
cable variety	16	16	16	A&E	Cold Case Files		CSI: Miami	"Tinder Box"	The First 48 (HDTV)		The First 48 (HDTV)	The Rookies
	70	70	70	APTN	News		Wings-Canada	Great Towns	Wapos Bay	Rez Rides	Fish Out of	Mixed Blessing
	50	50	50	BET	106 & Park: BET's Top 10 Live				What's at Stake?		News Special	Dream Speech
	37	37	37	BRVO	Street Legal		Desperate Housewives		Live at the Rehearsal Hall		Sweet Soul Music	Samba Squad
	90	97	97	CLT	Mysterious Ways		Judging Amy		Commander In Chief		The West Wing	Ghostly Enc.
	25	25	25	CMT	Chevy Cross Canada Countdown				Home Improve.	Home Improve.	Reba	Reba
	49	49	49	COM	Laughs	Comedy Now	Air Farce	Corner Gas	Nathan Fielder 2008		The Simpsons	South Park
	153	153	153	COURT	Killer Next Door		The Investigators		Cops Uncut	Dumb Criminal	Killer Forensics	Investigators
	38	38	38	DISC	Ultimate Cars	Ultimate Cars	Daily Planet (N)		How It's Made	How It's Made	Destroyed	Destroyed
	34	48	48	HGTV	Holmes on Homes		House Hunters	Property Virgin	Pure Design	Style	Sarah's House	Design Inc.
	46	46	46	HIST	Outlaw Bikers		NCIS "Vanished"		Outlaw Bikers		Ax Men "The Big Hit"	NCIS
	17	17	17	MM	Pimp My Ride	Technical Diff.	Degrassi: Next	Instant Star	disBand	Technical Diff.	So You Think You Can Dance Canada	
	19	19	19	MMM	MusicProfile	mmmtop10.com		Where You At	Listed "20 Dirty Ditties"		Popaganda	Don't Forget
	201	201	201	M1	(6) We Are Marshall		(8:15) The Rival (2006, Suspense)	Tracy Nelson.			One Missed Call ★ (2008, Horror)	
	48	23	23	OLN	The Amazing Race 4		Ed's Up	Videos	Survivorman		Angry Planet	Flying Doctor
	51	51	51	PEACH	Seinfeld	Friends	House-Payne	House-Payne	Anacondas: The Hunt for the Blood Orchid (2004, Suspense)			Which Way
	206	206	206	PIX	(6:40) Monty Python's The Meaning of Life			The Dark ★★ (1994, Horror)			Thunderball ★★★ (1965, Action)	
	67	67	67	RDI	RDI en direct	RDI en direct	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)	Présidentielles
	39	39	39	SHOW	EastEnders	Vivienne Vyle	About a Girl	About a Girl	The Best Years (DVS)		Teepees	Trailer Park
	40	40	40	SLICE	Matchmaker	Til Debt-Part	End of Leash	ET Canada	Wedding SOS	In Laws	Rich Bride, Poor Bride	Tori & Dean
	47	47	47	SPACE	Stargate SG-1 (DVS)		Lost "What Kate Did"		Star Trek: Next Gener.		Battlestar Galactica	Rabbit Fall (N)
	14	14	14	SPIKE	Unsolved Mysteries (HDTV) (N)		CSI: NY (HDTV)		CSI: NY (HDTV)		UFC Unleashed	Unleashed
	57	98	98	STAR	FashionTele	Look-A-Like	The Ellen DeGeneres Show		TMZ (N)	etalk	Politics	Diddy
	21	21	21	TLC	What Not to Wear		That's Gotta Hurt (HDTV)		Half Ton Man (HDTV)		Mystery Diagnosis	Med. Examiner
	56	34	34	TROP	Planet Soap	Big Screen	Beverly Hills, 90210		Planet Soap	What Happen?	Family Guy	Seinfeld
	20	20	20	TV5	Que.-champion	Journal de Fr2	Toute une histoire		Pékin express: la route de l'Himalaya		Suisse	Champ. nature
	28	28	28	V	Doc "Love or Money"		Murder, She Wrote		Bless-Father	On the Buses	Quantum Leap	Charging
	22	22	22	W	House	Style by Jury	Will & Grace	Friends	How to Look Good Naked		Style by Jury	Style by Jury
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	90210 (HDTV) (N)		Privileged (HDTV) (N)	WGN News

Hannigan's character may be expecting too

Pregnant actress Alyson Hannigan may be giving birth on the small screen as producers of her hit U.S. TV show *How I Met Your Mother* toy with ideas of rewriting the script to give her character a baby bump. **IMDB.COM**

Simon Cowell to bring campaign drama to U.K.

ELECTION American Idol judge Simon Cowell has been so inspired by the theatrics of the U.S. election campaign, he plans to change the way British politics is covered, **imdb.com** reports.

The music mogul has been fascinated by the lead up to Tuesday's vote, admitting that Americans have a talent for bringing glamour to politics and making high-brow debates accessible to the public.

And Cowell is deter-

mined to change the way political messages are delivered in the U.K. - insisting he could create a TV show to help revitalize Britain's "tedious" political culture and lure a new generation of voters to the

"The public should be involved. Politics is showbusiness these days."

Simon Cowell

ballot boxes.

"I know I could engage the audience," he said.

"The public should be involved," he said.

"Politics is showbusiness these days. More and more so."

METRO NEWS SERVICE

Reeves not liable for photog injuries

IN COURT Actor Keanu Reeves was cleared yesterday of any liability for injuries a paparazzo claimed he suffered when he was struck by the actor's car.

A Los Angeles jury deliberated for about an hour in the civil lawsuit brought by photographer Alison Silva against the Matrix star

before clearing Reeves.

Silva claimed he was knocked to the ground and injured his wrist in March 2007 when he was trying to take pictures of Reeves leaving a house in his Porsche in the affluent Rancho Palos Verdes area of Los Angeles.

REUTERS

Of politics and prime-time

West Wing drew on reality, but did it also influence it?

IntelleVision

Rick McGinnis

rick.mcginis@metronews.ca

STAY TUNED Back in the '70s, we used to ominously quote the title of a Gil Scott Heron song called *The Revolution Will Not Be Televised*, the very mention of which was meant to cloak whatever you said next in the credible authority of One Who Knows.

We were wrong about a lot of things in the '70s - haircuts, trousers, architecture, Jimmy Carter, the viability of both open marriages and the Soviet system, to name a few.

We really blew it on the whole TV thing.

But you have to understand that most of us were still only able to access less than a dozen channels at the time, a third of those blanketed in static and snow when the weather

wasn't right, another third showing *Petticoat Junction* reruns for what seemed like half the day.

Today, I think we can be certain that, whatever revolution happens, it'll be covered endlessly on network news, masticated into pulp on cable news, trivialized by any number of reality shows and subsequently eulogized in a series of documentaries and HBO miniseries after the fact.

Sometimes it seems like even this is redundant, since the demands made by countless channels for programming spins off infinite scenarios that anticipate whatever possibilities lie in wait for us in the future.

During its seven season run, *The West Wing* played out like political fantasy football for liberals - refuge from the reality of a Bush presidency.

The popular political drama depicted a world where a wise, paternal Democrat unafflicted by priapism occupied the White

"The West Wing played out like political fantasy football for liberals - refuge from the reality of a Bush presidency."

House.

It's common knowledge that the show's writers based Jimmy Smits' Matthew Santos on Barack Obama, then a freshman senator distinguished for an inspiring speech he'd made at the 2004 Democratic convention.

But a recent New York Times article has itemized the instances where the show's final two seasons, covering Santos' presidential campaign, have proved prescient.

Even the campaign rhetoric is familiar.

"I am here to tell you that hope is real," Smits' Santos tells the crowd at a rally.

The Times can fill in the rest. "Viewers can almost hear the crowd cheering, 'Yes, we can.'"

There is, of course, the chicken and the egg question of how much Obama's

scriptwriters might have been following the previous script.

That will have to wait for the campaign post-mortem books and articles months, and even years, down the road.

The test of the Times thesis will be apparent Wednesday morning.

A surprise McCain win might reduce the West Wing to a footnote to the Obama candidacy.

We know one thing for sure, though.

For all the insatiable demands of television today, the partisan culture of Hollywood - a constituency that didn't seem to respond to the Democratic leader's early claims that he would bridge the partisan divide - probably won't provide a West Wing for Republicans should Obama win the White House.

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Celebrity Buzz

Fox fuels Reynolds to marathon finish

PEOPLE Actor Ryan Reynolds has credited actor Michael J. Fox with giving him a boost as he raced to the finish line of the New York City marathon Sunday, imdb.com reports.

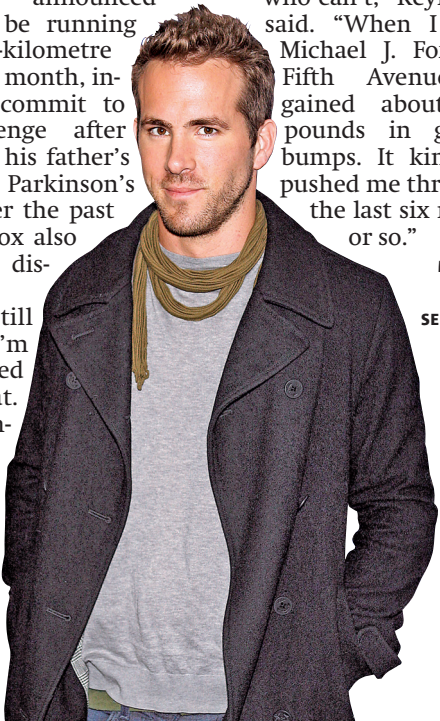
Reynolds announced he would be running the 42-kilometre stretch last month, inspired to commit to the challenge after witnessing his father's battle with Parkinson's disease over the past 15 years. Fox also battles the disease.

"I'm still standing. I'm very excited about that. It was an incredible experience," he told reporters after crossing the finish line in three hours and

50 minutes.

"(During the race) I thought a lot about my father and Michael (J. Fox) and the 500,000 other people afflicted with this awful disease in the United States alone. I ran for those who can't," Reynolds said. "When I saw Michael J. Fox on Fifth Avenue, I gained about 15 pounds in goose bumps. It kind of pushed me through the last six miles or so."

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Amy returns to hospital

HEALTH After a weekend at home, Amy Winehouse has returned to the hospital for ongoing treatment, People.com reports.

The 25-year-old singer has spent the past week being treated at the London Clinic. She left the hospital Friday, but checked back in yesterday.

"She had a chest infection (last week) and underwent some tests to make sure nothing else was wrong," a source said. (Earlier this

year, doctors diagnosed the Grammy Award winner with scarring of the lungs.) "She has been told to give up smoking and was initially struggling with that — she was covered in nicotine patches at one point. But she is making an effort."

Despite her health woes, Winehouse has been recording tracks in her home studio for an upcoming album, her London-based rep, Chris Goodman, said.

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celebrity brief

Winslet doubted being famous

FAME Actress Kate Winslet didn't think she would ever be famous because she was "fat," femalefirst.co.uk reports.

"I never had huge ambitions, never," Winslet says. "I was fat. I didn't know any fat famous actresses. I just did not see myself in that world at all, and I'm being very sincere. You know, once a fat kid, always a fat kid. Because you always think that you just look a little bit wrong or a little bit different from everyone else. And I still sort of have that."

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GETTY IMAGES PHOTOS

celebrity brief

Butler reveals near-epiphany

PEOPLE Actor Gerard Butler had an epiphany at the Church of the Holy Sepulcher in Jerusalem, Israel, but it wasn't enough to stop him smoking, imdb.com reports.

Butler turned to prayer after hypnотism and patches failed to work, and for a moment, he thought a higher power had helped end his nicotine addiction.

"I really felt an epiphany was happening. I even thought I saw a light around me," he says. Four hours later, I bought a packet of Marlboro Reds. Who am I kidding?"

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celebrity brief

Osbourne, beau move in together

RELATIONSHIPS Reality TV star Kelly Osbourne is getting serious with her boyfriend, Luke Worrall, PageSix.com reports.

The couple now "live together in Los Angeles and in London," a friend of both says. "They are so totally in love."

METRO NEWS
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celebrity brief

Fanning's eager to start dating

PEOPLE Dakota Fanning is looking forward to dating boys, femalefirst.co.uk reports.

The 14-year-old actress admits she is excited about growing up, but adds she also doesn't want to rush into anything.

METRO NEWS
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Hayek cosies up to ex again

RELATIONSHIPS The crowd couldn't stop staring at Salma Hayek and her ex, billionaire Francois-Henri Pinault, at Sunday's soccer game in the French city of Rennes, People.com reports.

But the two high-profile spectators only had eyes for each other. "They were very together," said one

fan who sat near the couple as local team Rennes FC took on rival Sochaux. "They talked a lot during the match and exchanged tender looks. ... They seemed very much in synch with each other."

Hayek and Pinault, a luxury goods mogul, have a two-year-old daughter, Valentina

Paloma. They called off their engagement in July, just 10 months after her birth.

But in recent weeks, it seems the private pair may be moving toward a reconciliation.

Just last month, Pinault and the 30 Rock guest star were spotted looking cosy in Los Angeles and back in his native France. (They spent a long weekend in Paris, and even attended a fashion show together.)

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celebrity brief

McCarthy doesn't need marriage

RELATIONSHIPS Jenny McCarthy is not into making her love for Jim Carrey official, People.com reports.

"My whole thing on marriage is personal," McCarthy says. "I've done it. I've been there. My particular view on it is I don't need that piece of paper of commitment to prove my love."

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Miller, Getty on rocks?

RELATIONSHIPS Actress Sienna Miller has reportedly shelved her romance with oil heir and actor Balthazar Getty after arguments over their differing lifestyles, imdb.com reports.

Miller is alleged to have recently flown back to Britain from the U.S. after initiating a "cooling off" period with Getty. She is claimed to have clashed with Getty, who recent-

ly announced his separation from wife Rosetta, over his reluctance to file for divorce.

However, according to Britain's Mail on Sunday, Getty is also fed up with Miller's partying lifestyle. So, the couple has decided to spend some time apart in a bid to save their relationship, the newspaper claims.

A spokesperson for Miller has refused to comment on the reports.

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Moore doesn't want to talk to strangers: Report

FAME Julianne Moore hates strangers talking to her, femalefirst.co.uk reports.

The actress doesn't like fans assuming they know her and wishes they would respect her privacy.

"I simply don't like talking about my acting or the scene or any of that. I need my space," Moore says. "I'm there doing my thing, and to someone who doesn't know me, it will look like they can talk to me. But

they can't."

Moore also admits her career decisions are often influenced by the lure of money.

"There is stuff you do because you love to do it, there is stuff that is not very good, and then there's stuff that you end up doing because you need the money, because like anyone else you have to have a job," she explained to Empire magazine.

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celebrity brief

Phoenix denies relapsing

PEOPLE Actor Joaquin Phoenix has dismissed reports he has suffered an alcohol relapse, after his allegedly bizarre behaviour at a recent event sparked concern over his health.

But a spokesperson for Phoenix has dismissed the reports, saying, "He's fine."

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celebrity brief

DiCaprio starts slow with ladies

PEOPLE Leonardo DiCaprio was a "slow starter" with women, femalefirst.co.uk reports.

"I've always been a slow starter," the actor says. "My first date was with a girl called Cessi. We had a beautiful relationship over the phone all summer and then when we met I couldn't look her in the eye," he says.

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